FOR IMMEDIATE RELEASE

TITAN RECREATION HOSTS 3RD ANNUAL iCARE FUN RUN AT CAL STATE FULLERTON

Community 5K Run/Walk and Youth 1K Ends Earth Week on an Active, Healthy Note

FULLERTON, Calif. — Titan Recreation wants to know: What do U Care about? Your health? Your campus? Your community? Living an eco-friendly lifestyle? Designed to get the campus and local community thinking about what motivates them and why, the iCare Fun Run on April 20 is the final event in a week of activities highlighting Earth Week on the Cal State Fullerton campus.

A fun and attainable kick-start to a healthy and active lifestyle, the iCare Fun Run features a 5K Run/Walk, Youth 1K, and pancake breakfast poolside after the event at the Student Recreation Center (SRC) at Cal State Fullerton. Check in begins at 7:15 a.m. on April 20, with the 5K starting at 8:30 a.m. and the Youth 1K starting at 8:45 a.m. All participants receive an iCare Fun Run t-shirt and complementary use of the SRC pool after the event.

“The iCare Fun Run is not only a fun campus event,” stated Scott MacLeod, Membership and Guest Services Coordinator, “but a great event for the community as well. It is a chance to visit Cal State Fullerton, see some of our great facilities. The Fun Run course takes you all over campus, so it is an opportunity to explore Cal State Fullerton in a very unique way. Plus you get pancakes by the pool when you are done – who can say no to that?”

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Registration is now open and Cal State Fullerton students, faculty, staff, and members of the surrounding community are invited to come out and participate in this great event. CSUF student registration is $15, SRC member registration is $18, and all others can register for $20.00. The Youth 1K registration fee is $10 for children 14 and under.

For more information or to register for the iCare Fun Run, please visit http://www.asi.fullerton.edu/iCareFestival/ or contact Scott MacLeod, Membership and Guest Services Coordinator at (657) 278-3978.

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Titan Recreation is a program of the Titan Student Centers and Associated Students, CSUF, Inc. (ASI). This program operates the Student Recreation Center, a comprehensive fitness facility for the Cal State Fullerton community, and offers a variety of activities and services, including: intramural sports; wellness programs; aquatics; as well as youth day-camps and instruction.