FOR IMMEDIATE RELEASE

JOIN THE TITAN TRIBE!
REGISTRATION FOR TITAN YOUTH SUMMER PROGRAMS NOW OPEN
Titan Youth Sports Camp and Learn to Swim at Cal State Fullerton
Great Ways to Keep Children Active and Healthy This Summer

FULLERTON, Calif. — According to the U.S. Department of Health and Human Services, children need 60 minutes of exercise each day. Titan Recreation, a program of Associated Students, Inc. (ASI), wants to help the youth of Orange County reach that goal. Titan Youth Summer Programs run June through August on the campus of California State University, Fullerton (CSUF), and offer the opportunity to participate in both the Titan Youth Sports Camp and Learn to Swim programs.

Titan Youth Sports Camp runs June 16 - Aug. 8, offering eight, single-week sessions for children enrolled in K-8th grade. Daily programming and activities for campers include basketball, flag football, soccer, bowling, tennis, rock wall climbing and team building exercises. Each session runs Monday through Friday, and discounts are available for families that enroll multiple campers or in multiple weeks at the time of registration.

“It’s important for us to not only offer recreational services to the Cal State Fullerton community, but to reach out to young people as well,” said Farron Fowler, Youth Camp Director. “Titan Youth Sports Camp introduces healthy habits and an active lifestyle to the next generation of Cal State Fullerton Titans.”

The Learn to Swim program, offered June 16 – Aug. 9 at the CSUF KHS pool, is a water safety/group swim instruction program certified by the American Red Cross. Staffed by certified instructors and lifeguards, children as young as six months old can attend the
program and will feel comfortable learning and developing their water skills in a safe and
fun environment. Adult classes and Saturday sessions are also available.

Registration is now open for Titan Youth Summer Programs. For more information
including registration times, session pricing and dates, or to register online, please visit
http://tysp.fullerton.edu or call (657) 278-5592.

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*Titan Recreation is a program of the Titan Student Centers and Associated Students, CSUF,
Incorporated (ASI). This program operates the Student Recreation Center, a comprehensive
fitness facility for the Cal State Fullerton community, and offers a variety of activities and
services, including: intramural sports; wellness programs; aquatics; as well as youth day-
camps and other out-of-classroom instructional programs.*