FOR IMMEDIATE RELEASE

TITAN RECREATION STAFF TO PARTICPATE IN “WRECKAGE WEEKEND”
Student and professional staff participate in Emergency Response Training to better prepare for stressful emergency situations

FULLERTON, CA — On Jan. 25 and Jan. 26 student employees and professional staff of the Student Recreation Center at Cal State Fullerton will take part in a jam-packed leadership training called “Wreckage Weekend.”

Lifeguard training begins Friday, with remaining SRC employees joining on Saturday to participate in emergency response training from 8 a.m. to noon. On Saturday, employees will split-up into teams of 10-12 student employees and 1-2 professional staff team captains. Each team will be asked to respond to unusual, high-stress situations. Examples include: severe head injuries, building collapse, fire emergencies, and active shooters. Teams won’t be helped by team captains and will have a time limit to complete assigned tasks; all while being evaluated on a checklist of requirements.

Throughout this unique two-day training event, student employees will not go through typical CPR training sessions, lectures on safety, or other expected training tools. Instead, they will use the knowledge and training they already possess in simulated emergency situations. Student staff will learn how to be proactive, determine the skills needed to work as a team during high-stress emergency situations, and how to be successful leaders in these circumstances.

The day will also include a special visit by officers from the University Police Department to
discuss extreme situations that can occur on a college campus. Additionally, there are many other surprises planned for the day by SRC professional staff. Student staff will also be rewarded with prizes and positive feedback for their participation in this uniquely demanding training event.

For more information regarding “Wreckage Weekend,” please contact Alison Wittwer, Aquatics & Safety Coordinator for Titan Recreation, at awittwer@fullerton.edu or (657) 278-3720.

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*Titán Recreation is a program of the Titan Student Centers and Associated Students, CSUF, Incorporated (ASI). This program operates the Student Recreation Center, a comprehensive fitness facility for the Cal State Fullerton community, and offers a variety of activities and services, including: intramural sports; wellness programs; aquatics; and youth day-camps.*