



# Summer 2017

Weeks 1-4

## California State University Fullerton

	June 12	June 13	June 14	June 15	June 16
AM	Vanilla Yogurt (1/2c) Graham Crackers (4ea)	Muffin Mania LG (1ea) Apple Slices (1ea)	Cheerios (1/2c) Orange Slices (4ea)	Chewy Granola Bar (1ea) Pineapple Tidbits (3/4c)	
LUNCH	Macaroni & Cheese (1/2c) (V) Baby Carrots (1/2c) Pears (1/2c) Ranch Packets	Beef Hamburger (1ea) Sugar Snap Peas Pineapple Tidbits (1/2c) Hamburger Bun (1ea) Ketchup Packets	BBQ Chicken Slider (1ea) BBQ Chicken (1/4c) Fresh Veggie Medley Apple Slices Slider Rolls (1ea)	Baby Bean & Cheese Burrito (V) (2ea) Tossed Salad Banana (1ea) Mexican Rice (1/2c) Ranch/Salsa Packets	LUNCH PROVIDED BY CSUF CAMP
PM	Wheat Thins (1/2c) Hummus (1/3c)	Cheez-Its (1ea) String Cheese (1ea)	Tortilla Chips (1c) Corn Salsa (1/2c)	Ritz Crackers (8ea) Cheddar Cheese Stick (1ea)	
	June 19	June 20	June 21	June 22	June 23
AM	Kix Cereal (1/2c) Apple Slices (1ea)	Granola (1/8c) Vanilla Yogurt (1/2c)	Cinnamon Roll (1ea) Raisins (1ea)	GoGurt (1ea) Banana (1ea)	
LUNCH	Popcorn Chicken (1c) Baby Carrots (1/2c) Applesauce(1/2) Ketchup/Ranch Packets	Swedish Meatballs (5ea) Mashed Potatoes (1/2c) Banana (1ea) Dinner Roll (1ea)	Sweet and Sour Chicken Bites (1/2c) Cucumber Slices (1/2c) w/Ranch Pineapple Tidbits (1/2c) White Rice (1/2c)	Macaroni & Cheese (V) (3/4c) Baby Carrots (1/2c) Apple Slices Ranch Packets	LUNCH PROVIDED BY CSUF CAMP
PM	GoGurt (1ea) Orange Slices (4ea)	Pretzels (1ea) String Cheese (1ea)	Graham Crackers (4ea) Pineapple Tidbits (3/4c)	Baby Carrots (1/2c) Cheddar Cheese Stick (1ea)	
	June 26	June 27	June 28	June 29	June 30
AM	Hard Boiled Egg (1ea) Cheddar Cheese Stick (1ea)	Banana (1ea) Vanilla Yogurt (1/2c)	Cheez-Its (1ea) Mandarin Oranges (3/4 cup)	Nutrigrain Bar (1ea) Orange Slices (4ea)	
LUNCH	Penne Pasta w/ Marinara (V) (1c) Baby Carrots (1/2c) Peaches (1/2c) String Cheese (1ea)	Roasted Chicken Bites (1/2c) Edamame (1/2c) Orange Slices (3ea) Multigrain Rice (1/2c)	Beef Enchilada Cassarole (3/4c) Tossed Salad Tropical Fruit Medley Mexican Rice (1/2c)	Chicken Nuggets (WG) (6ea) Cucumber Slices Mandarin Oranges (1/2c) Ketchup/Ranch Packets	LUNCH PROVIDED BY CSUF CAMP
PM	Turkey ( 1 slice) Baby Carrots (1/2c)	Scooby Cin Grahams (1ea) Apple Slices (1ea)	String Cheese (1 ea) Goldfish (1ea)	Veggie Sticks (5ea) Hummus (1/3c)	
	July 3	July 4	July 5	July 6	July 7
AM	Vanilla Yogurt (1/2c) Graham Crackers (4ea)		Cheerios (1/2c) Orange Slices (4ea)	Chewy Granola Bar (1ea) Pineapple Tidbits (3/4c)	
LUNCH	Popcorn Chicken (1c) Edamame Peaches (1/2c) Ketchup Packets	<u>Happy Independence Day!</u> 	Hawaiian Meatballs (5ea) Cauliflower Florets Grapes	Teriyaki Chicken Bites (1/2c) Tossed Salad Pineapple Tidbits (1/2c) Multigrain Rice (1/2c)	LUNCH PROVIDED BY CSUF CAMP
PM	Wheat Thins (1/2c) Hummus (1/3c)	<u>Happy Independence Day!</u>	Tortilla Chips (1c) Corn Salsa (1/2c)	Ritz Crackers (8ea) Cheddar Cheese Stick (1ea)	
Portions meet or exceed USDA CACFP & California Title 22 guidelines for 6-12 year olds. (V) Vegetarian				714.751.8500 Tel -- 714.751.8600 Fax <a href="http://www.cater tots.com">www.cater tots.com</a>	



# Summer 2017

Weeks 5-8

## California State University Fullerton

	July 10	July 11	July 12	July 13	July 14
AM	Kix Cereal (1/2c) Apple Slices (1ea)	Granola (1/8c) Vanilla Yogurt (1/2c)	Cinnamon Roll (1ea) Raisins (1ea)	GoGurt (1ea) Banana (1ea)	
LUNCH	<b>Sweet Orange Penne w/ Chicken (1c)</b> Baby Carrots (1/2c) Pears (1/2c) Ranch Packets	<b>Beef Hamburger (1ea)</b> Sugar Snap Peas Pineapple Tidbits (1/2c) Hamburger Bun (1ea) Ketchup Packets	<b>BBQ Chicken Slider (1ea)</b> BBQ Chicken (1/4c) Fresh Veggie Medley Apple Slices Slider Rolls (1ea)	<b>Baby Bean &amp; Cheese Burrito (V) (2ea)</b> Tossed Salad Banana (1ea) Mexican Rice (1/2c) Salsa Packets	LUNCH PROVIDED BY CSUF CAMP
PM	GoGurt (1ea) Orange Slices (4ea)	Pretzels (1ea) String Cheese (1ea)	Graham Crackers (4ea) Pineapple Tidbits (3/4c)	Baby Carrots (1/2c) Cheddar Cheese Stick (1ea)	
	July 17	July 18	July 19	July 20	July 21
AM	Hard Boiled Egg (1ea) Cheddar Cheese Stick (1ea)	Banana (1ea) Vanilla Yogurt (1/2c)	Cheez-Its (1ea) Mandarin Oranges (3/4 cup)	Nutrigrain Bar (1ea) Orange Slices (4ea)	
LUNCH	<b>Popcorn Chicken (1c)</b> Baby Carrots (1/2c) Applesauce (1/2c) Ketchup Packets	<b>Swedish Meatballs (5ea)</b> Mashed Potatoes (1/2c) Apple Slices (1ea) Broccoli Florets	<b>Sweet &amp; Sour Chicken Bites (1/2c)</b> Cucumber Slices (1/2c) w/Ranch Pineapple Tidbits (1/2c) White Rice (1/2c)	<b>Macaroni &amp; Cheese (V) (3/4c)</b> Baby Carrots (1/2c) Apple Slices Ranch Packets	LUNCH PROVIDED BY CSUF CAMP
PM	Turkey (1 slice) Baby Carrots (1/2c)	Scooby Cin Grahams (1ea) Apple Slices (1ea)	String Cheese (1ea) Goldfish (1ea)	Veggie Sticks (5ea) Hummus (1/3c)	
	July 24	July 25	July 26	July 27	July 28
AM	Vanilla Yogurt (1/2c) Graham Crackers (4ea)	Nutrigrain Bar (1ea) Apple Slices (1ea)	Cheerios (1/2c) Orange Slices (4ea)	Chewy Granola Bar (1ea) Pineapple Tidbits (3/4c)	
LUNCH	<b>Penne Pasta w/ Marinara (V) (1c)</b> Baby Carrots (1/2c) Peaches (1/2c) Ranch Packets	<b>Roasted Chicken Bites (1/2c)</b> Edamame (1/2c) Orange Slices (3ea) Multigrain Rice (1/2c)	<b>Beef Enchilada Cassarole (3/4c)</b> Cauliflower Florets Grapes Mexican Rice (1/2c)	<b>Chicken Nuggets (WG) (6ea)</b> Cucumber Slices Mandarin Oranges (1/2c) Ketchup/Ranch Packets	LUNCH PROVIDED BY CSUF CAMP
PM	Wheat Thins (1/2c) Hummus (1/3c)	Cheez-Its (1ea) String Cheese (1ea)	Tortilla Chips (1c) Corn Salsa (1/2c)	Ritz Crackers (8ea) Cheddar Cheese Stick (1ea)	
	July 31	Aug 1	Aug 2	Aug 3	Aug 4
AM	Kix Cereal (1/2c) Apple Slices (1ea)	Granola (1/8c) Vanilla Yogurt (1/2c)	Cinnamon Roll (1ea) Raisins (1ea)	GoGurt (1ea) Banana (1ea)	
LUNCH	<b>Turkey Hot Dog (1ea)</b> Tossed Salad Tropical Fruit Medley (1/2c) Hot Dog Bun (1ea); Ketchup Packets				LUNCH PROVIDED BY CSUF CAMP
PM	GoGurt (1ea) Orange Slices (4ea)	Pretzels (1ea) String Cheese (1ea)	Graham Crackers (4ea) Pineapple Tidbits (3/4c)	Baby Carrots (1/2c) Cheddar Cheese Stick (1ea)	
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