## Weeks 1-4

### June 13

**AM**
- Vanilla Yogurt (1/2c)
- Graham Crackers (4ea)

**LUNCH**
- Hawaiian Meatballs (5ea) & MG Rice (1/2c)
- Spaghetti w/Marinara (V) (1c)
- Fresh Veggie Medley (1/2c)
- Grapes (1/2c)

**PM**
- Provolone Cheese (2sl)
- Whole Grain Roll (1ea)

### June 14

**AM**
- Muffin Mania Lg (1ea)
- Apple (1ea)

**LUNCH**
- Cheese Quesadilla Roll (V) (2ea)
- Side Salad (1/2c)
- Grapes (3ea)

**PM**
- Tortilla Chips (1c)
- Salsa (1/4c)

### June 15

**AM**
- Rice Krispies Cereal (1/2c)
- Orange Slices (3ea)

**LUNCH**
- Roasted Chicken Leg (2ea) & MG Rice (1/2c)
- Sweet Orange Penne (V) (1c)
- Cauliflower Florets (1/2c)
- Pineapple Tidbits (1/2c)

**PM**
- Sunflower Seeds (1/4c)
- Banana (1ea)

### June 16

**AM**
- Nutri-Grain Bar (1ea)

**LUNCH**
- Bean, Cheese & Rice Burrito (V) (1ea)
- Cucumber Slices (1/2c)
- Banana (1ea)

**PM**
- Ritz Crackers (8ea)

### June 17

**AM**
- Pineapple Chunks (1/2c)

**LUNCH**
- Cheddar Cheese (1sl)

**PM**
- Banana (1ea)
- Cheddar Cheese (1sl)

### June 20

**AM**
- Mini Bagels (2ea)
- Cheddar Cheese (1sl)

**LUNCH**
- Pigtail Pasta & Marinara (V) (1c)
- Side Salad (1/2c)
- Grapes (1/2c)

**PM**
- Pretzels (2/3c)
- String Cheese (1ea)

### June 21

**AM**
- Cheerios Cereal (1/2c)
- Apple (1ea)

**LUNCH**
- Popcorn Chicken (1c)
- Bean, Cheese & Rice Burrito (V) (1ea)
- Celery Sticks (1/2c)
- Banana (1ea)

**PM**
- Graham Crackers (4ea)
- Orange Slices (3ea)

### June 22

**AM**
- Vanilla Yogurt (1/2c)
- Vanilla Wafers (10ea)

**LUNCH**
- Teriyaki Chicken Bowl (Chicken 1/2c; Rice 1/2c)
- Macaroni & Cheese (V) (3/4c)
- Cucumber Slices (1/2c)
- Mandarin Oranges (1/2c)

**PM**
- Edamame (1/4c)

### June 23

**AM**
- Muffin Mania Lg (1ea)

**LUNCH**
- Beef Hamburger (1ea)
- Veggie & Cheese Sub (V) (1ea)
- Sugar Snap Peas (1/2c)
- Apple (1ea)

**PM**
- Nature Valley Granola Bar (1ea)
- Tropical Fruit Medley (1/2c)

### June 24

**AM**
- Wheat Bread (1sl)
- Cheerios (1/2c)
- Sweet Orange Penne w/Chicken (1c)
- Beef Enchiladas Casserole (3/4c; Mexican Rice 1/2c)

**LUNCH**
- Chicken Nuggets (WG) (6ea)
- Spaghetti w/Marinara (V) (1c)
- Side Salad (1/2c)
- Tropical Fruit Medley (1/2c)

**PM**
- Edamame (1/4c)
- Sun Butter (1oz)

### June 27

**AM**
- Hard Boiled Egg (1ea)
- Wheat Bread (1sl)

**LUNCH**
- Sweet Orange Penne w/Chicken (1c)
- Edamame (1/2c)
- Pineapple Chunks (1/2c)

**PM**
- Turkey (1sl)
- Whole Grain Roll (1ea)

### June 28

**AM**
- Crispix Cereal (1/2c)
- Plain Bagel (1ea)

**LUNCH**
- Beef Enchiladas Casserole (3/4c; Mexican Rice 1/2c)
- 3-Cheese Sub (V) (1ea)
- Carrot Sticks (1/2c)
- Baby Carrots (1/2c)

**PM**
- Muffin Mania Lg (1ea)
- Apple (1ea)

### June 29

**AM**
- Cheddar Cheese (1sl)

**LUNCH**
- Chicken Nuggets (WG) (6ea)
- Spaghetti w/Marinara (V) (1c)
- Side Salad (1/2c)
- Tropical Fruit Medley (1/2c)

**PM**
- Edamame (1/4c)
- Sun Butter (1oz)

### June 30

**AM**
- Orange Slices (3ea)

**LUNCH**
- Macaroni & Cheese (V) (3/4c)
- Grapes (1/2c)

**PM**
- Banana (1ea)

### July 1

**AM**
- Cheddar Cheese (1sl)

**LUNCH**
- Macaroni & Cheese (V) (3/4c)
- Baby Carrots (1/2c)

**PM**
- Grapes (1/2c)

### July 4

**AM**
- Muffin Mania Lg (1ea)
- Apple (1ea)

**LUNCH**
- Cheese Quesadilla Roll (V) (2ea)
- Side Salad (1/2c)
- Orange Slices (3ea)

**PM**
- Tortilla Chips (1c)
- Salsa (1/4c)

### July 5

**AM**
- Rice Krispies Cereal (1/2c)
- Orange Slices (3ea)

**LUNCH**
- Roasted Chicken Leg (2ea) & MG Rice (1/2c)
- Sweet Orange Penne (V) (1c)
- Cauliflower Florets (1/2c)
- Pineapple Tidbits (1/2c)

**PM**
- Sunflower Seeds (1/4c)
- Banana (1ea)

### July 6

**AM**
- Nutri-Grain Bar (1ea)

**LUNCH**
- Bean, Cheese & Rice Burrito (V) (1ea)
- Cucumber Slices (1/2c)
- Banana (1ea)

**PM**
- Ritz Crackers (8ea)

### July 7

**AM**
- Pineapple Chunks (1/2c)

**LUNCH**
- Cheddar Cheese (1sl)

### July 8

**AM**
- Graham Crackers (4ea)

**LUNCH**
- Happy 4th of July!
- Cheese Quesadilla Roll (V) (2ea)

**PM**
- Tortilla Chips (1c)

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Happy 4th of July!

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<table>
<thead>
<tr>
<th>AM</th>
<th>July 11</th>
<th>July 12</th>
<th>July 13</th>
<th>July 14</th>
<th>July 15</th>
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<tbody>
<tr>
<td></td>
<td>Mini Bagels (2ea)</td>
<td>Cheerios Cereal (1/2c)</td>
<td>Vanilla Yogurt (1/2c)</td>
<td>Muffin Mania Lg (1ea)</td>
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<tr>
<td></td>
<td>Cheddar Cheese (1sl)</td>
<td>Apple (1ea)</td>
<td>Vanilla Wafers (10ea)</td>
<td>Banana (1ea)</td>
<td></td>
</tr>
<tr>
<td>LUNCH</td>
<td>Beef Hamburger (1ea)</td>
<td>Pigtail Pasta &amp; Marinara (V) (1c)</td>
<td>Popcorn Chicken (1c)</td>
<td>Bean, Cheese &amp; Rice Burrito (V) (1ea)</td>
<td>Teriyaki Chicken Bowl (Chicken 1/2c; Rice 1/2c)</td>
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<tr>
<td></td>
<td>Veggie &amp; Cheese Sub (V) (1ea)</td>
<td>Side Salad (1/2c)</td>
<td>Celery Sticks (1/2c)</td>
<td>Macaroni &amp; Cheese (V) (3/4c)</td>
<td>Mandarins Oranges (1/2c)</td>
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<tr>
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<td>Sugar Snap Peas (1/2c)</td>
<td>Grapes (1/2c)</td>
<td>Banana (1ea)</td>
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<td>Apple (1ea)</td>
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<tr>
<td>PM</td>
<td>Nature Valley Granola Bar (1ea)</td>
<td>Pretzels (2/3c)</td>
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<td>Edamame (1/4c)</td>
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<td>Tropical Fruit Medley (1/2c)</td>
<td>String Cheese (1ea)</td>
<td>Orange Slices (3ea)</td>
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<td>Hard Boiled Egg (1ea)</td>
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<tr>
<td></td>
<td>Wheat Bread (1sl)</td>
<td>Vanilla Yogurt (1/2c)</td>
<td>Cheddar Cheese (1sl)</td>
<td>Cheesios (1/2c)</td>
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<tr>
<td>LUNCH</td>
<td>Sweet Orange Penne w/Chicken (1c)</td>
<td>Beef Enchiladas Casserole (3/4c); Mexican Rice (1/2c)</td>
<td>Chicken Nuggets (WG) (6ea)</td>
<td>Mac &amp; Cheese (V) (3/4c)</td>
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<td>3-Cheese Sub (V) (1ea)</td>
<td>Spaghetti w/Marinara (V) (1c)</td>
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<td>Edamame (1/2c)</td>
<td>Carrot Sticks (1/2c)</td>
<td>Side Salad (1/2c)</td>
<td>Baby Carrots (1/2c)</td>
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<td>Pineapple Chunks (1/2c)</td>
<td>Banana (1ea)</td>
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<td>Grapes (1/2c)</td>
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<tr>
<td>PM</td>
<td>Turkey (1sl)</td>
<td>Muffin Mania Lg (1ea)</td>
<td>Edamame (1/4c)</td>
<td>Sun Butter (1oz)</td>
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<tr>
<td></td>
<td>Whole Grain Roll (1ea)</td>
<td>Apple (1ea)</td>
<td>Goldfish (2/3c)</td>
<td>Banana (1ea)</td>
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<td>Cheese Quesadilla Roll (V) (2ea)</td>
<td>Roasted Chicken Leg (2ea) &amp; MG Rice (1/2c)</td>
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<td>Spaghetti w/Marinara (V) (1c)</td>
<td>Fresh Veggie Medley (1/2c)</td>
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<td>August 2</td>
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## California State University Fullerton

**CSUF ~ Big Kids Family Style (Pkg)**

### AM

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<tr>
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<th>August 9</th>
<th>August 10</th>
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<tbody>
<tr>
<td>Hard Boiled Egg (1ea)</td>
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<td>Orange Slices (3ea)</td>
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<td>Edamame (1/2c)</td>
<td>3-Cheese Sub (V) (1ea)</td>
<td>Spaghetti w/Marinara (V) (1c)</td>
<td>Baby Carrots (1/2c)</td>
<td></td>
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<td>Side Salad (1/2c)</td>
<td>Grapes (1/2c)</td>
<td></td>
</tr>
<tr>
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<td>Banana (1ea)</td>
<td>Tropical Fruit Medley (1/2c)</td>
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### LUNCH

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<td>Turkey (1sl)</td>
<td>Muffin Mania Lg (1ea)</td>
<td>Edamame (1/4c)</td>
<td>Sun Butter (1oz)</td>
<td></td>
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<tr>
<td>Whole Grain Roll (1ea)</td>
<td>Apple (1ea)</td>
<td>Goldfish (2/3c)</td>
<td>Banana (1ea)</td>
<td></td>
</tr>
</tbody>
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### PM

**LUNCH PROVIDED BY CSUF CAMP**

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