

## Parent Resource

### [12 Tips for Raising Confident Kids](#)

Source: Child Mind Institute

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**Abstract:** “Right from birth, kids learn new skills at a dizzying rate. And along with those new abilities, they also acquire the confidence to use them.

As children get older, that confidence can be as important as the skills themselves. To thrive, kids need to trust in their own capabilities while, at the same time, knowing that they can handle it if they aren't successful at something. It's by experiencing mastery and rebounding from failure that they develop healthy self-confidence.

Here are 12 ways you can set kids up to feel capable and get the most mileage out of their skills and talents.”