

Parent Resource

<https://youtu.be/UcDcOjX9YYs>

Title: Breast Milk and Formula

The ASI Children's Center supports mothers who breast feed by providing a flexible schedule to accommodate mother and baby's schedule and a private nursing room as needed. Children's center staff are also trained to safely store, handle and prepare breast milk and formula provided from home or by the center food program. The link is a Parentalogue video that provides a brief summary of what breast milk consists of and how using formula can also benefit families.



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