**Curriculum Share**

**DRDP Measure:** Cause and Effect  
**Age Group:** Two years old and older

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**Frozen Berry Pops**

**You will need:**  
2 cups berries of choice (strawberries, blueberries, and/or blackberries)  
2 tablespoons of honey or agave (honey is not recommended for under 12 months of age)  
2 cups of Greek vanilla yogurt

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**Directions:** Blend the berries in a food processor or blender on high speed until nearly liquefied into a smoothie-like consistency. Pour the thick berry liquid into a large bowl. Stir in the honey. Add the yogurt and very gently mix everything together. Pour mixture evenly into each popsicle mold. Freeze for an 4-6 hours; for best results freeze overnight.