Parents of preschoolers don’t need specialized training in how to teach reading. In fact, some studies suggest that pushing formal reading instruction too early can backfire if kids aren’t developmentally ready. But parents can help foster key pre-reading skills that will give their kids a strong foundation for later reading success. These include phonemic awareness, background knowledge, and concepts about print."

-Deborah Farmer Kris

Click source link for ways you can incorporate these skills at home!

Source: PBS for Parents