Kleenex Dancing

The child moves their body with the Kleenex demonstrating increasing awareness of own physical effort, body awareness, spatial awareness, and directional awareness.

The child tries different ways to coordinate the movement of large or small body parts.

The children also love to create their own ideas of what their Kleenex can become.

Kleenex Songs

Popcorn Kernels (tune: Are You Sleeping?)

- Before you begin squish the two Kleenex tissues up in a ball in between your cupped hands

When they “pop” at the end let them puff into the air!

Popcorn kernels, popcorn kernels,
In the pot, in the pot.
Shake them, shake them, shake them
Shake them, shake them, shake them
Til they pop! Til they pop!

My Kleenex Has 4 Corners (tune: My Hat it Has 3 Corners)

- Before you begin, hold the Kleenex tissue by 2 corners-

My Kleenex has 4 corners, 4 corners has my Kleenex, and had it not 4 corners, it would not be my Kleenex!
Let’s count the corners 1 2 3 4
My blanket has 4 corners, 4 corners has my blanket, and had it not 4 corners, it would not be my blanket!
Let’s count the corners 1 2 3 4...
(Continue with my pillow, my cape, my hat, my mask.... —my hat and mask ideas were from Carlos!!)