Activity Share: **Lava Lamp Jar!**

**Age group:** Toddler (But actually any age could enjoy this!!)

- Glass bottle or jar
- Alka-seltzer tablets
- Food coloring
- Vegetable oil
- Water

**HOW TO MAKE THE LAVA LAMP:**

1. Fill the bottle halfway with vegetable oil.
2. Then fill about 1/4 more with water.
3. Add 5-6 drops of food coloring
4. Finally drop in the Alka-seltzer tablet and let the fun begin!

*Side note, once the Alka-seltzer tablet is gone you can always put in another one and the bubbles will start again! Have Fun!*