## Activity Share: Chicken Noodle Soup

Chicken Noodle Soup is a popular soup for all ages. Here is an easy recipe, that everyone will enjoy. Other ingredients can be added to this soup such as mushrooms, potatoes, corn, green peas, spinach, whatever you like. I like to top it with cilantro and lemon when I serve it.

## **Chicken Noodle Soup**

- 1 cup chopped celery
- 1 cup chopped carrots
- 2 cups cooked diced chicken (breast or thighs)
- 8 cups chicken stock
- Dash of black pepper
- 2 cups cooked pasta

Put the stock in a pot, add carrots and celery, bring to a boil. Turn down and let simmer on low for one hour. Add cooked diced chicken, simmer for 10 minutes. Add black pepper. Serve over cooked pasta.

