

Activity Share: **Lace Cards to Strengthen Fine Motor Skills**

Age group: Toddler & Preschool

Materials

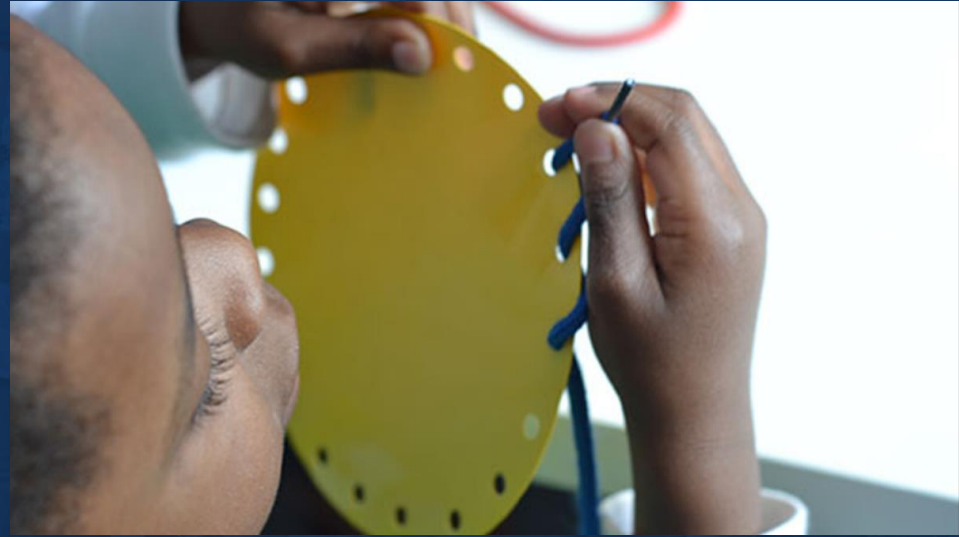
Cardstock or foam from a craft store
(It needs to be sturdy.)

Hole punch

Scissors

Shoelaces or yarn

Laminator or self-laminating
envelopes for extra stability
(optional))



Get little wrists and fingers ready for writing with this fun activity! Lacing cards, along with using crayons, pencils, markers, and other writing utensils, helps children perfect their pincer grip (using their thumb and pointer finger together to grab things), which is necessary to hold a pencil properly.

Directions

1 Cut cardstock into various shapes. Use geometric shapes to help your child practice math or letters for letter recognition.

2 Punch holes about $\frac{3}{4}$ or 1 inch apart around the edge of each of the shapes.

3 Give your child the string to weave through the holes. If she is using a geometric shape, ask her if she can name it. Talk about how many sides it has. If it's a circle, ask your child to think of other objects that are round. For letter cutouts, see if your child can identify the letter. You might follow that by singing the alphabet song together while she laces the cards.