As schools and centers begin to reopen, many parents may be wondering how their young child may react to adjusting to returning to school after months of being cared for at home. Many parents may worry that it will be like starting a new school all over again. In many ways, all centers may look different and unfamiliar to parents and children. Be as prepared as possible:

- Stay up-to-date and in communication with your child’s center.
- Prepare to take some time to learn new procedures and allow yourself time for longer transitions.
- Help your child get into habits such as handwashing, temperature checks, being near others with masks, etc.
- Use photos of your child’s school and books about going to school to talk to your child about returning.