A great way to combine kindness and writing is developing a kindness box. A kindness box can be an empty tissue box (pictured), shoe box, empty food container, whatever you have and desire will work! Writing tools are also necessary. You can place the kindness box anywhere in your home. Encourage your child to notice kind things that happen in your home or encourage them to write kind notes to another family member in the home. Example: “Sister was kind when she helped me put the blocks away”. “I really like it when mom made muffins” Your child can even “write” the special notes. Place the kindness notes in the box and develop a special time to read the notes! Kindness Counts!