Curriculum Share

DRDP Measure:
COG 9: Inquiry Through Observation and Investigation
Child observes, explores, and investigates objects (living and nonliving things) and events in the environment and becomes increasingly sophisticated in pursuing knowledge about them

PD-HLTH 4: Fine Motor Manipulative Skills
Child demonstrates increasing precision, strength, coordination, and efficiency when using muscles of the hand for play and functional tasks*

Age Group: Infants and Toddlers

Yogurt Art

Materials:
Plain yogurt
Food coloring
Large pieces of dark color construction or butcher paper
Small plastic containers or bowls
Wet towels for clean up
Optional – brushes or sponges

Title: Yogurt Art

Infants and toddlers need safe and easy ways to engage in sensory art experiences. Using plain yogurt, food coloring and large pieces of paper, infants and toddlers can touch, smell and safely taste. During this art activity, keep the yogurt plain and talk to children about winter, the color of snow, what snow is made of, how it is cold like yogurt. Add food coloring to talk about colors, how you can mix two colors to make other colors, etc. Ask open-ended questions such as “What are you making?” “How does that feel?” and “What will you do next?”