A child’s brain has the majority of its growth and development in the first years of life, doubling in the first year, growing to 80% by their 3rd year and 90% by their 5th. Early childhood experiences greatly impact a child’s brain development. Knowledge of how our brains develop can help us to present experiences for children for positive brain development.

Click on the image below to access an article and video from the Arizona State University PBS about the lifelong impact on early childhood brain development.