Activity Share: Orange Julius Smoothie

Age group: Toddlers-Preschoolers

Ingredients:

- 1 can Orange Juice Concentrate
- 1 can water (keep can from juice)
- Vanilla Ice Cream (4-5 scoops)
- Ice cubes (about 5-8)

Directions:

- Empty can of orange juice concentrate into your blender.
- Take same can and fill with water and pour into blender.
- Add scoops of vanilla ice cream
- Add ice cubes (more ice cubes, the thicker consistency)

Cool treat, enjoy!

