**Activity Share: Self-Portrait Collages**

- Provide your child with different types of materials - **play dough**, yarn, paper, markers, **People Colors** crayons, paints, googly eyes, etc.
- Next, provide a mirror for your child to look at themselves. Mirrors are a great way for your child to start recognizing their own self. **What color is your hair, skin, eyes?** are all great questions.

Providing your child time to discover themselves is a critical step in building self-awareness and appreciation of similarities & differences!

**Age group: All Ages!**