Activity Share: Healthy Butterfly Snack

Age group: Toddlers-Preschoolers

Materials:

- Ziploc bags (snack size)
- Optional clothespins, pipe cleaners, googly eyes, markers/paint to decorate clothespin
- Bite size healthy snacks of your choice!
 Some ideas: grapes, edamame beans, blueberries, sliced veggies such as carrots or celery, popcorn, orange slices etc.

Have your child decorate their clothespin and glue on pipe cleaners and googly eyes (see photo). Then, have your child help fill their bag with their snack of choice. Help your child attach the clothespin in the middle of the bag. Take your butterfly snack on the go!

Following step-by-step directions or recipes is a great way to incorporate literacy at home! This simple butterfly snack pack is great for on-the-go or park snacks!

