Try this fun color sorting snack activity at home! Add at least one new fruit or vegetable for your child to try!

You can also place a small piece of colored paper in each tin if you do not have liners. Use muffin tins to have your child sort their snacks by color. When they are finished sorting, have them eat their snacks and try the new fruit/vegetable!

When children are involved in meal planning, they become more interested in trying different foods!