

Child Group Time Recorded Session

Recycled Seed Starter

For this activity you will need:

Toilet Paper Tubes

Scissors

Soil

Seeds

Water

Directions:

Cut the toilet paper tube in half. Cut 6 slits halfway into the edge of the tube. Fold the pieces into the middle of the tube to make a small cup.

Add the soil into the tube.

Place 3 seeds on top of the soil, then press them into the soil, covering them about ½ inch.

Water your seeds! Set your starter plant into the sun and watch your plant grow!

Nasturtium seeds were used in this activity.

Nasturtium flowers are edible!



Click on the above photo for a video on how to make a recycled seed starter!

