For this activity you will need:
Toilet Paper Tubes
Scissors
Soil
Seeds
Water

Directions:
Cut the toilet paper tube in half. Cut 6 slits halfway into the edge of the tube. Fold the pieces into the middle of the tube to make a small cup.
Add the soil into the tube.
Place 3 seeds on top of the soil, then press them into the soil, covering them about ½ inch.
Water your seeds! Set your starter plant into the sun and watch your plant grow!
Nasturtium seeds were used in this activity. Nasturtium flowers are edible!