Parent Resource

Simple ways to boost baby's brain development

It's important for parents and caregivers to understand the critical role they play in their child's language development. A child develops much of her capacity for learning during the earliest years, since this is the time when the brain undergoes its most dramatic growth.

Click source link for full article.

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Read!

Whether it's the newspaper, an email, or a page from your favorite novel, every word you read benefits your child's development!

Talk!

Don't worry about what to say, or whether your baby understands. The sound of your voice matters most!

Sing!

Can't hold a tune? Your baby doesn't mind! Sing your old favorites or learn a new melody – either one could become your baby's special lullaby!

Source: First 5 California