ASSOCIATED STUDENTS INC.

ASI Student Wellness Initiative:
Wellness Center, Centralized Basic Needs Center, and TSU/SRC Expansion
Findings based on ACHA/NCHA 2021 survey of Cal State Fullerton students.

“We have encountered so many challenges, and this is a great initiative for mental health and we need to address mental health for students.”

- CSUF Student
## OUTREACH SINCE FALL 2022

Student feedback on their wellness challenges, and their extensive feedback on potential solutions, led to a project focused around a Wellness Center and wellness-related construction projects in the TSU and SRC.

<table>
<thead>
<tr>
<th><strong>Number</strong></th>
<th><strong>Description</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>200</td>
<td>Presentations Conducted</td>
</tr>
<tr>
<td>6,565</td>
<td>Students Engaged w/Presentations</td>
</tr>
<tr>
<td>2,485</td>
<td>Students Reached Through Tabling, Pop-up Events, and Info Sessions</td>
</tr>
<tr>
<td>5,217</td>
<td>Surveys Completed by CSUF Students in Spring 2023</td>
</tr>
<tr>
<td>77,520</td>
<td>Social Media Touchpoints</td>
</tr>
</tbody>
</table>

"I really like how you all have been asking us our feedback and will take that into consideration."

- CSUF Student
After the plan was finalized and a Student Center Fee increase was proposed, the CSU Trustees voted to raise tuition.

We refocused the Initiative around more specific wellness outcomes by removing enhancements to existing ASI scholarships and direct support for DIRC, and lowered the proposed total fee to match.

Now we want to confirm that the CSUF student body still sees value in the ASI Student Wellness Initiative.
POTENTIAL SOLUTIONS & BENEFITS

CONSTRUCTION OF A WELLNESS CENTER

• Nap pods
• Pet therapy
• Acupuncture
• Nutrition classes
• Sound therapy and meditation
• Financial wellness workshops
• Yoga studio and relaxation room
• Massage therapy and massage chairs
POTENTIAL SOLUTIONS & BENEFITS

EXPANDED STUDENT RECREATION CENTER

- New workout equipment
- Improved intramural field
- New workout and fitness areas
- New dance studio and fitness rooms
- Expand current programs and services that are centered on physical wellness
- Ongoing, continued, and future maintenance and repairs
POTENTIAL SOLUTIONS & BENEFITS

CENTRALIZED BASIC NEEDS

• Bring CSUF Basic Needs and Tuffy’s Career Closet to join the ASI Food Pantry
• Centralized services reduce barriers and improve student success
• Students in need typically need access to more than one basic need service
POTENTIAL SOLUTIONS & BENEFITS

EXPANDED TITAN STUDENT UNION

• Renovated food court with additional seating
• Addition of healthier and affordable food options
• New quiet study and lounge areas
• Strengthen wellness offerings in the TSU with expanded student and club services and programs
• Ongoing, continued, and future maintenance and repairs
IMPACTS ON STUDENTS FROM EXPANDED SERVICES

Studies show that students who maintain their physical and mental health cope better with academic stress.

Facilities for peer activity centers and engagement programs encourage socialization and fitness, promote belonging, and build community.

Wellness facilities improve equity for underserved populations on campus and help improve graduation rates, supporting the goals of GI2025.
PHASED YEARLY FEE INCREASE

STUDENT CENTER FEE

New wellness programs & services
Begin design process
Construction begins
Buildings/ expansion begin to open for student use

CURRENT FEE

$330 PER YEAR

INCREASE FROM PREVIOUS YEAR

2024-2025

$49 PER SEMESTER

$98 PER YEAR

2025-2026

$65 PER SEMESTER

$130 PER YEAR

2026-2027

$127 PER SEMESTER

$254 PER YEAR

2027-2028

$187 PER SEMESTER

$374 PER YEAR

TOTAL STUDENT CENTER FEE PER YEAR

$428

$558

$812

$1,186
CAMPUS FEES & TUITION

2027-28

The graph illustrates the projected total campus fees plus tuition for CSU campuses in Fall 2027.

Based on:
- 2023-2024 approved fees
- Planned tuition increases
- Total phased fee increase for CSUF
- Also includes increases for approved construction at CSU Long Beach (2025) and CSU Dominguez Hills (2026)

ASI, Student Union, Rec Center fee increases under consideration:
- Cal Poly San Luis Obispo
- CSU Los Angeles
- CSU Monterey Bay
- CSU San Marcos

<table>
<thead>
<tr>
<th>Campus</th>
<th>Campus Mandatory Fees</th>
<th>Tuition + Campus Fees</th>
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</thead>
<tbody>
<tr>
<td>San Luis Obispo</td>
<td>$5,333</td>
<td>$12,581</td>
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<tr>
<td>San Diego</td>
<td>$2,548</td>
<td>$9,796</td>
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<tr>
<td>Sonoma</td>
<td>$2,448</td>
<td>$9,696</td>
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<td>Chico</td>
<td>$2,322</td>
<td>$9,570</td>
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<td>San Jose</td>
<td>$2,250</td>
<td>$9,498</td>
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<tr>
<td>FULLERTON</td>
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<tr>
<td>Humboldt</td>
<td>$2,171</td>
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<td>Stanislaus</td>
<td>$2,084</td>
<td>$9,332</td>
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<tr>
<td>San Marcos</td>
<td>$1,992</td>
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<tr>
<td>Bakersfield</td>
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<td>$9,202</td>
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<td>San Bernardino</td>
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<tr>
<td>Maritime</td>
<td>$1,930</td>
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<tr>
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<tr>
<td>Long Beach</td>
<td>$1,776</td>
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<td>Dominguez Hills</td>
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<td>Pomona</td>
<td>$1,697</td>
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<tr>
<td>Monterey Bay</td>
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<td>San Francisco</td>
<td>$1,542</td>
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<td>Fresno</td>
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<tr>
<td>Los Angeles</td>
<td>$1,076</td>
<td>$8,324</td>
</tr>
<tr>
<td>Channel Islands</td>
<td>$1,075</td>
<td>$8,323</td>
</tr>
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</table>
Based on information from the CSUF Office of Financial Aid, approximately 75% of CSUF students receive Financial Aid for their education experience.

Approximately 40% of CSUF students receive the Middle-Class Scholarship that may be used toward payment of fees.

Campus fees, including this increase, can be covered by certain types of financial aid (for example: Middle-Class Scholarship, scholarships, grants). But not all types of aid can be applied.
WELLNESS CENTER & BASIC NEEDS
“I believe in enhancing ASI programs and facilities since it’ll benefit student wellness by reducing stress/anxiety and offer a safe space to hang out with friends, meet new people and overall increase happiness in student life.”

- CSUF Student
I am in favor of raising the Student Body Center fee totaling $856 by Fall 2027, phased in over 4 years beginning in Fall 2024, for the following wellness-centered facilities and services:

- New Wellness Center
- Centralized Basic Needs
- Enhanced and Expanded TSU
- Enhanced and Expanded SRC
I am in favor of increasing the Student Body Center fee for wellness-centered facilities and services knowing that tuition will increase 6% each year for the next 5 years.

☐ YES
☐ NO
Please share your thoughts about how the ASI Student Wellness Initiative may impact student wellness and academic success.
Scan above to provide your feedback

THANK YOU.

For questions or more information regarding this expansion project or student wellness,

VISIT US ONLINE asi.fullerton.edu or EMAIL US AT asiwellness@fullerton.edu