



**Resolution to Adopt Guiding Principles for the ASI Student Wellness Initiative**

Sponsors: Gavin Ong, Joe Morales, Suzette Morales

**WHEREAS**, the Associated Students Incorporated (ASI) is a 501(c)(3) nonprofit organization that operates as an auxiliary organization of California State University, Fullerton; and

**WHEREAS**, ASI is governed by the ASI Board of Directors, which sets policy for the organization, approves all funding allocations to programs and services, and advocates on behalf of student interests on committees and boards; and

**WHEREAS**, the ASI Student Wellness Initiative was created to provide a holistic approach to student success by improving student wellness through programmatic expansions, facility upgrades, and increased access to wellness services, including the construction of a Student Wellness Center, centralizing campus Basic Needs, and wellness-related enhancements to the Student Recreation Center and Titan Student Union; and

**WHEREAS**, the ASI Student Wellness Initiative was initially developed through an extensive Alternative Consultation process in Fall 2022 and Spring 2023, followed by a second Alternative Consultation process in the 2023-2024 academic year; and

**WHEREAS**, in Spring 2023, the ASI Board of Directors formally approved the ASI Student Wellness Initiative with a 12-1-0 vote<sup>1</sup>, and in December 2024, the ASI Board of Directors, composed of a new group of student leaders, voted 16-0 to reaffirm<sup>2</sup> its commitment to the principles of the ASI Student Wellness Initiative and recommend the university president increase the Campus Union Fee to fund the ASI Student Wellness Initiative, further solidifying ASI's dedication to student well-being and the long-term sustainability of the initiative; and

**WHEREAS**, CSUF President Ronald Rochon formally approved the implementation of the ASI Student Wellness Initiative and increase to the Campus Union Fee in March 2025; and

**WHEREAS**, the ASI Board of Directors has consistently recognized the importance of addressing students' wellness needs, including mental health, stress management, physical health, and basic needs support, through strategic investments in wellness-focused programming and facilities; and

**WHEREAS**, the implementation of the ASI Student Wellness Initiative will occur over multiple years and involve the leadership and commitment of many different student leaders each year; therefore let it be

**RESOLVED**, ASI commits to upholding and implementing the principles of the ASI Student Wellness Initiative, ensuring that its mission to support student well-being remains a foundational priority for the organization; and let it be


**RESOLVED**, any future developments, modifications, or enhancements to the initiative should remain aligned with its original intent and core principles, ensuring that its structure, funding, and impact are preserved to effectively serve students for years to come; and let it be

**RESOLVED**, That upon passing of the Resolution to Adopt Guiding Principles for the ASI Student Wellness Initiative that ASI shall use the *ASI Student Wellness Initiative: Guiding Principles* to uphold, implement, and advocate for the principles of the ASI Student Wellness Initiative, working in collaboration with the CSUF administration, and other partners to ensure the longevity and effectiveness of student wellness programs, services, and facilities on campus.

Links:

1. <https://asi.fullerton.edu/a-resolution-reaffirming-support-of-asi-swi-2024/>
2. [https://asi.fullerton.edu/resolution\\_in\\_support\\_of\\_asi\\_student\\_wellness\\_initiative/](https://asi.fullerton.edu/resolution_in_support_of_asi_student_wellness_initiative/)

Adopted by the Board of Directors of the Associated Students Inc., California State University, Fullerton on the twenty-second day of April in the year two thousand and twenty-five.

  
ASI Board Chair (Apr 25, 2025 20:05 PDT)

Gavin Ong  
Chair, Board of Directors

  
Noah Alvarez (Apr 29, 2025 13:26 PDT)

Noah Alvarez  
Secretary, Board of Directors



### **ASI Student Wellness Initiative: Guiding Principles**

Staying true to its longstanding commitment to student success and well-being, Associated Students Inc., California State University, Fullerton (ASI) serves as a key advocate for student interests, ensuring that programs, services, and facilities evolve to meet the needs of the student body.

Through strategic initiatives and policy decisions, ASI has fostered an environment that supports students' mental, physical, emotional, and academic well-being. This dedication is further embodied in the ASI Student Wellness Initiative (ASWI), a comprehensive effort aimed at addressing the diverse wellness challenges faced by students and enhancing campus resources to promote thriving academic and personal experiences.

The ASWI was developed by students, for students. Past student leaders saw a critical gap in wellness resources and recognized that CSUF students deserved more. They listened to their peers, gathered feedback, and began shaping a vision for a more robust and supportive wellness infrastructure. Their passion and advocacy laid the foundation for what became a transformative movement. Over time, additional student leaders supported the initiative, worked to refine its goals, gathered additional student feedback, and ultimately turned it into reality. During its outreach and consultation process with CSUF students, ASI shared ideas and solicited input and meaningful feedback from thousands of students through hundreds of presentations and tabling opportunities, surveys and social media posts.

The ASI Student Wellness Initiative is designed to be continuously led, shaped, and expanded by future generations of student leaders.

To sustain this student-led initiative, ASI will continue to provide student leaders with the tools, resources, and platforms needed to advocate for wellness improvements. ASI will ensure that new generations of students can seamlessly take over the initiative and build upon the foundation established by their predecessors.

### **Guiding Principles**

To ensure continuity of the values and ideals which student leaders used to share and create the ASWI, the following Guiding Principles will lead ASI's work as it develops ASWI programs, services, and facilities:

- **Student participation in decision-making will be paramount** – ASI ensures that student voices drive the initiative's direction and evolution.

- **Protect student participation through the autonomy and decision-making authority of the ASI Board of Directors** – Student leaders will maintain control over the development of ASWI’s priorities and resource allocation.
- **Ongoing, effective communication with the student body** – ASI will regularly engage CSUF students to share updates, assess their needs, and gather feedback.
- **Commitment to delivering what was promised during the Alternative Consultation campaign (2022-2024)** – ASI will honor the vision and commitments made to students regarding the ASWI.
- **Collaborate productively with the university** – ASI will work alongside campus partners while ensuring student leadership remains central to decision-making.
- **Ensure continuous improvement and innovation** – ASI will regularly assess and enhance ASWI initiatives to reflect changing student wellness needs.
- **Maintain accessibility and inclusivity** – Wellness programs and facilities will be designed to serve all students equitably, including residential and commuter students.
- **Empower future student leaders to expand and refine wellness initiatives** – ASI will provide training, mentorship, and governance structures to ensure long-term sustainability of the concepts and ideas of the ASWI.

### **A Lasting Commitment to Student Wellness**

The ASI Student Wellness Initiative is embedded long-term goals of ASI’s 2025-2030 Strategic Plan, particularly:

- **Goal 1: Foster Student Growth and Well-Being** – Ensuring wellness remains a core component of the student experience.
- **Goal 3: Innovate and Improve ASI Facilities, Programs, and Services** – Supporting student leaders in expanding and refining wellness infrastructure for years to come.

Additionally, the ASWI is a key contributor to the 2024-2029 CSUF Strategic Plan:

- **Goal 2: Foster Student Engagement and Well-Being** – Supporting student engagement and holistic growth in an inclusive campus environment, cultivating a sense of belonging for all students, and providing comprehensive resources to support their mental health, physical wellness, and financial and basic needs.

This ASI Student Wellness Initiative is more than an investment in wellness—it is a living testament to the power of student leadership and advocacy. This commitment to student wellness will remain a top priority for ASI.











# A Resolution ASWI Guiding Principles

Final Audit Report

2025-04-29

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