Associated Students Inc.



Programs Assessment

Thu Mar 13, 2025 2:30 PM - 3:45 PM PDT

1. Call to Order

Chair Alvarez called the meeting to order at 2:31 pm.

2. Roll Call

Members Present: Alvarez, Brown, Her, Olivares, Solares

Members Absent: None

Liaisons Present: Hesgard, Morales, Rubio

Liaisons Absent: None

According to the ASI Policy Concerning Board of Directors Operations, attendance is defined as being present prior to the announcement of Unfinished Business and remaining until the scheduled end of the meeting.

* Indicates that the member was in attendance prior to the start of Unfinished Business, but left before the scheduled end of the meeting.

** Indicates that the member was in attendance for a portion of the meeting, but not in attendance prior to the announcement of Unfinished Business.

3. Approval of Agenda

(Solares-m/Her-s) The agenda was approved by unanimous consent.

4. Approval of Minutes

(Her-m/Solares-s) The February 13, 2025 Programs Assessment Meeting Minutes were approved.

a. 2/13/2025 Programs Assessment Meeting Minutes

5. Public Speakers

Members of the public may address the Programs Assessment Committee members on any item appearing on this posted agenda.

There were no public speakers.

6. Reports

a. Chair

Chair Alvarez encouraged committee members to actively participate in meetings by asking questions and providing feedback. He emphasized the importance of comments and recommendations in improving the programs presented to the committees, stressing that all feedback is valuable and contributes to the ongoing development and success of the initiatives.

b. Director, Student Government

Rebecca Hesgard provided an update, noting that the semester is halfway through and expressing gratitude for the committee members' hard work and leadership. She echoed Chair Alvarez's emphasis on the importance of discussion, feedback, and questions during presentations.

Hesgard reported that the voting period for ASI elections has closed, and scholarships are set to be graded soon, urging members to be attentive to upcoming announcements. She highlighted Social Justice Week, organized in collaboration with ICA and campus HR, culminating in the "Beyond the Conversation" event featuring speaker Giancarlo Esposito. She encouraged members to look out for communication about attending the event.

7. Unfinished Business

There was no unfinished business

8. New Business

a. Discussion: Children's Center Internship Program

The Committee will receive an update about the Children's Center Internship Program.

Sonia Nunez, Assistant Director, and Daisy Hernandez, Coordinator, provided information for the Children's center Internship Program, highlighting its support for student parents through affordable childcare and opportunities for students via part-time employment and internships. The center serves children aged three months to six years and offers internships to 60 to 90 students per semester, with data on internships dating back to 2000. Internships are marketed through various channels, including the ASI website and social media, and require students to meet certain clearance criteria. The program supports students in majors such as psychology, public health, biology, and human services, with an average of 25 internships per semester.

Sonia Nunez and Daisy Hernandez discussed the costs of supervising interns, noting that the program does not have a set budget but provides significant in-kind contributions. Interns can work in the center while completing their hours, and family satisfaction surveys show high approval ratings for student staff.

The report highlighted strengths such as flexibility, hands-on experience, and opportunities to work with qualified staff. Weaknesses include costs associated with background checks,

which can deter some students. The Center aims to expand internships to include roles in clerical, administration, and food preparation, as well as special education and business students.

Nunez and Hernandez emphasized the benefits of internships, including classroom support and potential recruitment opportunities, while noting that interns do not perform certain duties like toileting or diapering. She suggested expanding the program to include special education and business students to assist with audit preparation and materials review.

Chair Alvarez opened the floor to questions:

Solares asked how many applications are received each semester. Nunez responded that 30-40 applications are received per semester.

Olivares asked if the Children's Center had previously considered promoting the program in classrooms. She suggested it might be more effective for students to receive the information during class or through connections with department chairs.

Nunez explained that they have been working with professors to direct students their way, especially at the 201 level when students were beginning to explore agencies. They noted that by the time students reached their practicum courses, they would already have some familiarity with the services offered. They acknowledged that while they had previously visited these classes, it was definitely something they intended to continue doing each semester to raise awareness.

Brown asked about subsidies to offset fingerprinting costs and asked whether there was any data available on how low-income students were accessing this resource, noting that many students in his college were low-income and that the \$95 fingerprinting fee was a significant expense. He emphasized that understanding this could help better support those students.

Nunez stated that they currently did not have any data specific to the subsidy program. They clarified that if a student was planning to enter a field under the Department of Social Services, the Live Scan fingerprinting could be transferred easily. However, they explained that this did not necessarily mean the cost would be covered. They acknowledged that the expense was indeed a challenge they had encountered with students in the past.

Her asked who supervises the interns and whether the \$3,700 figure was per student general cost. In response, it was explained that the amount reflects the estimated value of training and supervision provided by staff, not a fee billed to or paid by the University. The cost is calculated based on staff time for onboarding, training, and direct supervision—typically totaling around 120 hours per intern. Interns are supervised by both administrative staff and master teachers in the classroom.

Brown suggested presenting the internship opportunity in the introductory practicum course. He believed this would be impactful because students in that course would benefit from learning about available opportunities.

Alvarez asked whether the Children's Center had considered offering grants to cover the cost of background checks and whether Live Scan clearances from other departments, like Housing, could be transferred. The representatives explained that ASI formerly paid for intern background checks but stopped due to budget constraints and instances where students backed out after the cost was covered. They agreed that a grant or subsidy would be a helpful idea. Regarding transferability, they said background checks (DOJ, FBI, Child Abuse Index) can sometimes be partially reused depending on the student's previous clearance level. They always verify existing clearances to avoid unnecessary costs.

b. Discussion: Titan Outdoors Program

The Committee will receive an update about the Titan Outdoors Program.

JP Gale, Director of the Student Recreation Center (SRC), shared that Titan Outdoors offers outdoor trips to enhance students' mental, physical, and social well-being. Designed as high-impact experiences, these trips range from short local hikes to multi-day excursions across Southern California and the western U.S. The program resumed after the COVID-19 interruption in 2020 and is now operating at full capacity, with 12 trips offered this Spring alone.

Students who participate report a stronger connection to campus and an enhanced overall college experience. Post-trip assessments show that all participants would recommend the trips, and nearly all felt more connected to Fullerton. Separate data from SRC use shows that students who use the facility tend to have higher GPAs and graduate more quickly than those who do not.

Financially, the program operates on a \$113,000 budget for 2023–24, with more than half allocated to student wages. This year's revenue goal is \$43,000, and they are on track to meet it with \$38,000 already generated. Large trips cost between \$3,000 and \$5,000, requiring at least 7 to 10 participants to break even. Planning a new trip can take up to 25 hours, while repeat trips require about 10 hours. These include arranging food, tents, and other gear for participants.

Gale reviewed programs at other CSU campuses such as Northridge and Sacramento State, which offer extensive travel experiences including trips to Alaska and Hawaii. He also wants to introduce a team-building component, offering free services to student organizations and paid sessions to academic departments—something that proved lucrative and engaging at Northridge. To support all of these goals, additional funding will be necessary for student staffing and specialized gear.

Chair Alvarez opened the floor to questions:

Solares asked about safety matters related to the trips. Gale explained that Titan Outdoors has thorough safety protocols and emergency plans for their trips. Staff carry satellite phones to maintain constant communication, allowing real-time updates on trip progress. Student leaders are trained in wilderness first aid, preparing them for situations like snake bites or injuries requiring evacuation. The team also conducts scenario-based training each semester in environments similar to upcoming trips to ensure readiness for emergencies.

Brown asked how Titan Outdoors could be marketed as a high-impact environmental and physical health experience. Gale responded that as the semester wraps up, they'll gather data and assessments from students to potentially rebrand the program beyond just camping. He emphasized involving participants in sharing their personal impact stories and noted that while marketing has done well with social media content, there's room for growth in framing Titan Outdoors within a wellness narrative.

Her asked how post-trip assessments are distributed. Gale explained that a QR code for the survey is placed in the transport vehicle, encouraging participants to complete it before exiting. Additionally, the survey link is emailed to students after the trip. Gale noted that, despite lower trip participation numbers, the response rate is fairly high. He also mentioned considering incentives like discounts or prizes to increase survey completion moving forward.

Olivares asked if the surveys collect data on students' majors or identify trends in participation by college. Gale responded that while that data isn't currently in the surveys, it can be obtained through Institutional Effectiveness and Planning once data is submitted this summer. He mentioned that they're already using similar data for the Recreation Center, noting that the College of the Arts has the lowest participation rate, possibly due to recent facility renovations or differing student engagement preferences. Similar analysis will be done for Titan Outdoors once the data is submitted.

Chair Alvarez opened the floor for discussion:

Rubio praised the social media marketing for Titan Outdoors. He noted that students seem to be enjoying the trips based on comments and videos, and also expressed hope that outreach will continue to grow, especially with the recent Wellness initiative, helping reach students who haven't been exposed to the program yet and opening up more opportunities for them in the future.

Alvarez asked how new trip locations are chosen and how student feedback factors into the process. Gale explained that student feedback from assessments plays a big role—if students enjoy a location and express interest in returning, it's more likely to stay on the schedule.

Historical participation is also considered; Brown suggested a potential collaboration between the Student Recreation Center (SRC) and on-campus housing, especially within STEAM living-learning communities.

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9. Announcements/Member's Privilege

Brown attended his first Programs Assessment Committee meeting and thanked the group for the welcome and engagement.

Rubio asked the Committee to be friendly and welcoming to the new incoming Board members.

10. Adjournment

Chair Alvarez adjourned the meeting at 3:25 pm.



Roll Call 2024-2025

03/13/2025 PROGRAM ASSESSMENT Committee Roll Call

03/13/2025 PROGRAM ASSESSMENT Committee Roll Call					
Attendance	Board Members				
			Present	Absent	
CHAIR	ALVAREZ	NOAH	1		
HHD	BROWN	JARED	1		
ARTS	HER	BENJAMIN	1		
EDU	OLIVARES	RENATA	1		
HHD	SOLARES	ANDREA	1		
			Present	Absent	
			5	0	

Attendance		Liaisons				
			Present	Absent		
ADVISOR	HESGARD	REBECCA	1			
PRESIDENT	MORALES	JOE	1			
CHAIR	RUBIO	BRIAN	1			
			Present	Absent		
			3	0		

*Recording Secretary: Erika Perret-Martinez

Chair Designee* Brian Rubio

President Designee* Andrea Ramirez-Rivera

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Final Audit Report 2025-05-15

Created: 2025-05-08

By: Susan Collins (sucollins@fullerton.edu)

Status: Signed

Transaction ID: CBJCHBCAABAA8heWoOT8I4KLJNiVqsPrEbFsohtcatVW

"prog_2025_03_13_min" History

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2025-05-15 - 7:59:13 PM GMT- IP address: 137.151.175.115

Signer asboardsecretary@fullerton.edu entered name at signing as Noah Alvarez

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Noah Alvarez (asboardsecretary@fullerton.edu) has agreed to the terms of use and to do business electronically with California State University, Fullerton

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Erika Perret-Martinez (eriperret-martinez@fullerton.edu) has agreed to the terms of use and to do business electronically with California State University, Fullerton

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CHILDREN'S CENTER INTERNSHIP ASSESSMENT ASI ASSESSMENT COMMITTEE





CHILDREN'S CENTER

PROGRAM HISTORY

For over 53 years the Children's Center has been supporting student parents by providing affordable on campus childcare. The Center also provides CSUF students and interns the opportunity to gain classroom work experience and professional development for future careers.

The current center opened in 2011 and last year provided services for over 200 children aged 3 months through 6 years old. We also employ and provide internships for 60-90 CSUF students a semester.



INTERNSHIP PROGRAM HISTORY

- Earliest historical data records for interns begins in 2000.
- As a student in 1994, I completed an internship while studying at CSUF. I believe the program was well established when I completed the internship.
- At that time CSUF students enrolled in an internship course were eligible to earn academic credit while volunteering at the Children's Center.



INTERNSHIP PROCESS

- " Internships are marketed on ASI Website.

 Center Administrators attend Internship Fest.
- Social Media is also used to promote internships.
- Interested CSUF students complete an application and are interviewed.
- If an internship is offered and accepted, students are required to pay and clear an FBI, DOJ and Child Abuse Index check. Same clearances as staff.
- Other requirements are a current TB test clearance and required immunizations before a student can begin completing hour on site.



INTERNSHIP DATA

- CSUF Student Status
- Enrolled in a practicum class that requires the completion of practicum hours.
- Enrollment in a CICE approved program.
- Typical practicum majors that perform internships at the Children's Center are Human Services. Child and Adolescent Studies, Psychology, Public Health and Biology.
- Average internship students a semester is 25. We currently have 33.

CURRENT YEAR INTERNSHIP STUDENT INFORMATION

Category	CAS	HUSER	PSYCH	BIO	Public Health	Total
Summer	1	6	1	1	0	9
24						
Fall 24	11	9	3	0	2	25
Spring 25	15	6	10	0	2	33
Total	27	21	14	1	4	67

COSTS OF SUPERVISING INTERNS

- In 2023-24 74 internship students were served at the Children's Center.
- Yearly in-kind costs were \$482,316.24 for the year.
- Internships require differing hours of volunteering. Example of costs are:
 - Psychology and Human Services require 120 hours a semester. Costs include direct supervision and onboarding and training. Costs is \$3780.00.

OTHER IMPORTANT INFORMATION

- 1. Students can do both an internship and work at the Center. The intern hours are completed in a different classroom and scheduled as intern hours. They are not paid while earning intern hours.
- 2. Depending on practicum course there are different agency requirements. This might include one on one sessions, supervision paperwork and other requirements.
- Some departments require meetings with Center staff to ensure internship requirements are being met and interns are performing duties that meet course requirements.
- 4. Families are surveyed annually, and questions include satisfaction with student staff and interns. Last survey administered parents noted 79.5% of parents are satisfied how student employees and interns communicate with them, 20,5% were satisfied.

STUDENT SATISFACTION

- Provide a student satisfaction employee/intern survey.
 - 1. 17 respondents of 25 interns.
 - 1. Comments received noted:
 - 1. Improved communication skills and learning how to work in a team environment.
 - 2. One comment was having interns work in multiple classrooms for a more rounded experience.
 - One comment recommend the facility but noted the work is not easy.

BUDGETARY IMPACT

- 1. There is no set budget for the internship program. We do provide hours of supervision and training for interns. We provide yearly data to the University for the EO 1000 costs figures.
- 2. Interns are given similar onboarding and training as student employees.
- 3. 10 staff members provide orientation, training and supervision to internship students.
- 4. In kind EO 1000 figures for the Internship program last year were \$512,060.40



SWOT CONSIDERATIONS

- SWOT Considerations for CSUF Internship Students:
 - Strengths;
 - Flexibility and location of our program and scheduling options is strength for students.
 - Earning experience working in a classroom setting.
 - Opportunity to work and be trained from a full qualified and permitted early childhood teacher.
 - Weakness;
 - Costs associated with the background check prohibits some students from interning at facility.
 - Opportunity;
 - Streamlined ability to be hired in the future as an employee.





- Fingerprinted and background checked adults to support classroom that are unpaid.
- Cleared, experience and trained students who can be hires as employees with no livescan or additional processing costs or time.
- Weakness;
 - Costs associated with supervising, training and supporting internship students.
- Opportunity for growth;
 - Increasing internship students to include clerical, administration and kitchen interns. We could especially benefit from internship students from the Department of Special education.



ADDITIONAL RECOMMENDATIONS

- Internship program provides a valuable service to both the students of CSUF and the Children's Center.
- Provides classroom support by fully cleared individuals with no individual staffing costs. Interns are volunteers and are not able to perform all duties that employed staff do.
- Look into expanding internship program to include special education and business students. Especially accounting students that can assist with audit preparation and materials review.

DIRECTOR RECOMMENDATIONS

- Benefits of having the interns working in the classroom and on site outweighs the time spent on completing required paperwork and supervising interns.
- Provides a channel to hire interns as staff. Eliminates costs associated with background checks and they are hired having some trainings.
- Suggest working with Strategic Initiative areas to look into expanding the program.

QUESTIONS?

Contact information

Children's Center – Lydia Palacios <u>-lpalacios@fullerton.edu</u>
Assistant Director – Sonia Nunez <u>-snunez@fullerton.edu</u>



HECREATICAN. HECREATICAN

Programs Assessment Committee March 13, 2025

JP Gale
Director
Student Recreation Center



Mission Statement

Our mission is to provide inclusive recreational opportunities to inspire the development and well-being of the campus community.





Titan Outdoors History

Started in 2019 with the goal of taking students and the campus on outdoor adventures throughout Southern California with occasional out-of-state trips in the Western US.

"Nature based activities assist with mental and physical health and promote overall wellness." – Peter Coventry, PhD., University of York Nature Based Outdoor Activities Systemic Review and Meta-Analysis







Session	Trips Scheduled	Total Trips	Total Participants	Overnight Trips	Sold Out Trips	Revenue
Fall 2021	11	10	70	3	4	\$ 5,415.00
Spring 2022	18	16	113	3	3	\$ 17,805.00
Fall 2022	15	13	100	3	3	\$ 12,000.00
Spring 2023	17	15	86	3	5	\$ 5,980.00
Fall 2023	12	10	63	0	4	\$ 2,705.00
Spring 2024	11	11	44	4	3	\$ 7,420.00
Fall 2024	12	9	70	3	5	\$ 6,520.00
Spring 2025*	13	12	85	7	7	\$ 17,385.00*

^{*}As of March 10, 2025



Post trip assessment provided to users after each trip. So far received 37 post trip assessments this academic year:

Key Points:

- 100% of Students would recommend their trip to another student
- 93% of students surveyed felt more connected to CSUF as a result of going on trips.
- 100% Strongly Agreed or Agreed Titan Outdoors positively contributed to their overall student experience as a Titan.
- We are working with OIEP this summer to see who our users are in Titan Outdoors.



Zion National Park, April 2024





Participant Feedback: "The trip to Big Sur went really well overall. All the leaders were super nice and made sure everyone felt safe and comfortable. They were very helpful, especially when it came to setting up our tents." – Big Sur, Feb.7-9, 2025



STUDENT RECREATION CENTER | FULLERTON, CALIF.



Participant Feedback: What went well? "Everything, it was fun, felt scary, got to make friends, and many great memories! – Haunted Hike, Black Star Canyon, Oct. 25, 2024





How are trips planned?

- Where are we going?
 - Do Titan Outdoors Staff have any experience with that location?
 - Do we need to go there for a training trip to get experience?
 - How long will it take to get there and back?
- When are we going?
 - Do we need permits (National Parks) and can we get them?
 - What are the weather considerations?
- What's the budget for this trip?
 - Can participants afford to go on this trip?
 - How will a big trip affect the budget the rest of the year?
 - Is there demand for this location?
 - Did this trip sell out last year?
- Feedback is always appreciated on new locations.





Budgetary Concerns

2024-25 Budget Overview:

Revenue Goal: \$43,000

Annual budget: \$113,500

Student Wages: \$60,000



Big Sur, Feb. 7-9, 2025



Budgetary Concerns

- New trips can take up to 25 hours of planning and research.
- Repeat trips can take up to 10 hours of planning, supplies, food, equipment checks and other preparation.
- Costs vary widely by trip
 - Examples:
 - 4 Day trip to the Grand Canyon costs 3 staff -\$3,000 – 7 participants \$425 per patron
 - 5 hour trip to Black Star Canyon costs 3 staff, \$315 7 participants, \$45 per patron
- Titan Outdoors aims to offer a two to three larger signature trips a semester, with shorter overnight and day trips throughout the year to ensure accessibility for students and to give users an opportunity to experience the outdoors.





SRC Director Recommendations:

- As the SRC Director, what are your recommendations to the Programs Assessment Committee on the program?
 - Continue to grow and improve our services and trip locations. Titan Outdoors is still in its infancy.
- What is the likelihood of this program continuing?
 - •100% plan to continue Titan Outdoors in 2025-26 and beyond





Death Valley Nov 9-10, 2024





Titan Outdoors Rental Center Opened January 2025



Director Recommendations:

- What ideas for improvement or evolution of the program do you have for this program?
 - Program growth more trips, higher participation.
 - More national parks
 - Ski and Rides
 - Major trips Spring Break
 - Team Building services a service to provide to student organizations and the campus.
 - Consideration:
 - As demand for trips grows, expansion of staff will be necessary.
 - Equipment budget will need to increase.



Teambuilding September 2024



CSUN Spring Break 2025:

Fairbanks, Alaska – Climbing and Dog Sledding, Northern Lights Excursions

Hawaii – camping on beaches, snorkeling, water fall hikes.

Spring Break Alaska

Date: 3/16 - 3/22

Student Price: \$2.500

Escape to Fairbanks, Alaska this spring break for an unforgettable adventure! Embrace the winter wonderland with thrilling dog sledding excursions through pristine snowy landscapes, and enjoy the tranquility of snowshoeing in the wilderness. Unwind in the soothing warmth of natural hot springs under the starry sky! Don't miss your chance to witness the mesmerizing northern lights dancing across the Arctic sky – a truly magical experience. Whether you're seeking adventure or relaxation, this trip offers the perfect blend of excitement and serenity for an unforgettable spring break getaway.

This trip is located on the ancestral land of: Tanana, Dënéndeh, and Dena'ina Ełnena

Trip Includes:

- Transportation and Airfare
- Group gear
- Personal camping gear (sleeping bags, headlamp, ground pad, etc.)
- Hostels
- Meals while in Fairbanks, AK (except one dinner)
- Experienced trip leaders
- Third Party excursions (dog sledding, etc.)

Not Included:

Meals while traveling to and from Fairbanks, Alaska

STUDENT RECREATION CENTER | FULLERTON, CALIF.

This trip is fully booked but look out for next year's spring break trip in November 2025!

Sac State Spring Break 2025:

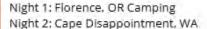
Olympic National Park, WA

Hiking, water fall tours, camping.

Gold Medal Spring Break Trip

SUNDAY, MARCH 30, 7AM - SATURDAY, APRIL 5, 2025, 8PM

Spring Break road trip up north! There will be camping, there will be sightseeing, there will be fun times!! You won't want to miss out on this! This trip offers the opportunity to spend the week witnessing the wonders that Olympic National Park has to offer. Hike in the forest, walk along the meadows, and take a breath of fresh air in the wonderful woods of the Pacific Northwest.All needed gear, all food, all tickets, and all transportation will be included! This truly is an ALL-inclusive trip for those who love the outdoors or want to experience a new adventure on their break. It's a great way to get away from the hustle and bustle of midterms and life.



Night 3: National Park Night 4: National Park

Night 5: National Park and Whidbey Island + ferry ride

Night 6: Seaquest State Park, WA Campground

There will be an informative Zoom the week before the trip!

Activity Level 4

Transportation, gear, food, tickets, and permits included

Cost:

Student: 5699 Affiliate: \$1.149 General Public: \$1,299

Payment plan available

Location Olympic National Park

Event Type Recreation, Student Activity









Teambuilding CSUN:

Bike Shop Camp Matador Faq Leadership Rentals Rock Wall Team Building Trips WROLC 2024

Team Building

Traditional Team Building Activities and Progressions

Outdoor Adventures Teambuilding facilitators have dozens of activities, games and progressions available for your group. We are happy to design and customize and deliver a program tailored for your group, targeting desired outcomes, and at times that work for you.

- Initiatives
 - Unique challenges that are entirely ground-based and provide a group of individuals a framework for becoming a stronger team.
- · High Ropes
 - One of the best ways to challenge your team to reach their next level.
- Combo
 - o The Initiative program with the High Ropes program
- Castaic Lake
 - Our local aquatic education center and lake.
- RIDGE Rockwall
- A state of the art rock climbing facility in our Student Recreation Center (SRC)
- Custom Outings
 - Custom Outings and Team Building Retreats are perfect for any club, organization, or department to take that extra step with team building.



Questions?





