



CALIFORNIA STATE UNIVERSITY, FULLERTON™

**A RESOLUTION TO ESTABLISH A DEDICATED WELLNESS PROGRAM IN THE  
TITAN STUDENT UNION**

**Sponsor:** Luca Romero, Chair, ASI Facilities Committee & ASI Programs Assessment Committee

**WHEREAS**, The Associated Students, Incorporated (ASI) is a 501 (c)(3) nonprofit organization that operates as an auxiliary organization of California State University, Fullerton; and

**WHEREAS**, ASI is governed by the ASI Board of Directors, sets policy for the organization, approves all funding allocations to programs and services, and advocates on behalf of student interests on committees and boards; and

**WHEREAS**, the ASI Facilities Committee is a designated standing committee of the ASI Board of Directors and is tasked with the assessment and management of ASI Facilities, including the Titan Student Union; and

**WHEREAS**, the ASI Programs Assessment Committee is a designated standing committee of the ASI Board of Directors and is tasked with the assessment of existing ASI programs and services and consideration of new programs to be established; and

**WHEREAS**, the ASI Student Wellness Initiative (ASWI), approved in 2025, represents a multi-year commitment to enhancing holistic wellness opportunities for the student body; and

**WHEREAS**, modern student success is inextricably linked to mental and physical well-being, necessitating dedicated spaces for decompression, mindfulness, and health education; and

**WHEREAS**, the Titan Student Union Operations Team has identified Lounge 133 as the optimal, high-traffic location to maximize student accessibility to these resources; and

**WHEREAS**, Lounge 133 (the "Quiet" Lounge) is currently an all-access lounge with round table seating for student use and is generally used as study space; and

**WHEREAS**, Lounge 133 sees low public usage, with an average occupancy rate of only twenty-five percent, or seven users per hour; and

**WHEREAS**, the wellness space will serve as a high-impact lounge featuring interactive activities and "testable" wellness equipment and technology designed to empower students in their personal wellness journeys; and

**WHEREAS**, ASI has secured a strategic corporate partnership to provide state-of-the-art equipment and resources for a focused student wellness environment; and

**WHEREAS**, the wellness lounge will operate Monday-Thursday, 10:00am – 7:00pm, and from 10:00am to 5:00pm on Fridays, during the academic year; and

**WHEREAS**, students will be able to make appointments to receive their wellness experiences, aided by student employees trained on to operate the equipment and oversee the lounge; and

**WHEREAS**, ASI will conduct assessment of lounge visitor experiences to gather valuable data to use in the continued development of the ASWI; and

**WHEREAS**, the student employees will operate a traveling wellness cart that will provide campuswide walkup services, an idea that was proposed as part of ASI's Next Big Idea program designed to provide new services for students; and

**WHEREAS**, an ASI wellness lounge will provide an additional wellness component at ASI prior to design and construction of permanent wellness spaces as part of ASWI; and therefore let it be

**RESOLVED**, that the Facilities Committee recommends that the ASI Board of Directors approve the formal establishment of TSU Lounge 133 as the space dedicated as the ASI wellness lounge; and let it be further

**RESOLVED**, that TSU Lounge 133 shall close as a public lounge on May 25, 2026, and that the grand opening of the ASI wellness lounge is set for August 24, 2026; and let it be further

**RESOLVED**, that the Programs Assessment Committee recommends that the ASI Board of Directors approve the creation of a program to offer students access to wellness equipment and activities to further provide healthy, mindful assistance in their personal wellness journeys; and

**RESOLVED**, that this Resolution be distributed to the ASI Executive Director and applicable departments and staff for appropriate action.

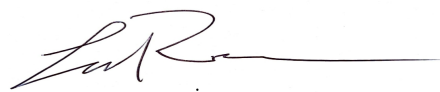
Adopted by the Board of Directors of the Associated Students Inc., California State University, Fullerton, on the seventh day of April in the year two thousand and twenty-six.



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Joe Morales  
2026-04-27 22:11 UTC

Chair, Board of Directors



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Luca Romero  
2026-04-09 15:37 UTC

Secretary, Board of Directors