



Programs Assessment Committee Meeting

Minutes

Associated Students Inc., California State University, Fullerton
3/26/2026 2:30 PMPDT

@ ASI Boardroom, Titan Student Union

Meeting Details

Meeting Called By: Luca Romero

Meeting Type: Regular

Meeting Attendees: Members, Staff, Public

CSU, Fullerton students, and members of the public may submit comments regarding any item posted on this agenda, or matters of importance to the student body through the [Public Comment Form](#). Comments will be reviewed by the Board Leadership, and submissions received prior to the meeting that are applicable to the governing body will be read during the meeting.

1. Call to Order (Romero)

Chair Romero called the meeting to order at 2:33 pm.

2. Roll Call

Members Present: Guzman, Mallareddygari, Romero, Soriano, Suzer

Members Absent: None

Liaisons Present: Hesgard, Syed, Ryals (E)

Liaisons Absent: None

According to the ASI Policy Concerning Board of Directors Operations, attendance is defined as being present prior to the announcement of Unfinished Business and remaining until the scheduled end of the meeting.

* Indicates that the member was in attendance prior to the start of Unfinished Business but left before the scheduled end of the meeting.

** Indicates that the member was in attendance for a portion of the meeting, but not in attendance prior to the announcement of Unfinished Business.

Motion:

A motion was made and seconded to excuse member Liam Ryals due to university business.

The absences were excused by unanimous consent.

Motion moved by Isabel Soriano and motion seconded by Deniz Suzer.

3. Approval of the Agenda

[Item 3 - prog_03_26_2026_age.pdf](#)

Motion:

The agenda was approved by unanimous consent.

Motion moved by Deniz Suzer and motion seconded by Yashwanth Mallareddygari.

4. Approval of Minutes

A. 02/26/2026 Programs Assessment Committee Meeting Minutes

 [Item 4 - prog 2026 02 26 min.pdf](#)

Motion:

The 02/26/2026 Programs Assessment Committee Meeting Minutes were approved by unanimous consent.

Motion moved by Yashwanth Mallareddygari and motion seconded by Isabel Soriano.

5. Public Speakers

Members of the public may address Programs Assessment Committee members on any item appearing on this posted agenda or matters of importance to students.

There were no public speakers.

6. Reports

A. Chair (Romero)

Chair Romero opened the meeting by welcoming attendees and noting that it was the final week before Spring Break. He acknowledged that many members were busy with midterms and encouraged everyone to support one another during this hectic period. He also reminded members that the term was nearing its end, with some graduating and others continuing, and urged everyone to make the most of their time in their roles, contribute meaningfully, and leave a positive impact on the organization and students.

B. Director of Student Government (Hesgard)

Chair Romero yielded to Rebecca Hesgard, ASI Director of Student Government. Hesgard agreed with the Chair and encouraged members to use Spring Break to rest and recharge in preparation for a busy end to the term, noting that only one Committee meeting remained and upcoming Board meetings would be full. She emphasized the importance of self-care and preparation, highlighted available support resources such as CAPS office hours and staff assistance with scholarships, and shared plans for a future gathering as well as an upcoming banquet to celebrate members' accomplishments.

7. Time Certain

None

8. Unfinished Business

None

9. New Business

A. Action: A Resolution to Add Wellness Space, Equipment, and Activities in the Titan Student Union (Romero)

The Committee will consider approving a resolution to add wellness space, equipment, and activities in the Titan Student Union.

PROG 006 25/26 (Guzman-m/Mallareddygari-s) A motion was made and seconded to Establish a Dedicated Wellness Program in the Titan Student Union.

Chair Romero yielded to Jeff Fehr, ASI Chief of Organizational Operations.

Fehr introduced a proposal to create a wellness lounge in the Student Union that would provide students with space and equipment to relax, recharge, and engage in activities supporting multiple dimensions of wellness. He explained that the initiative aimed to help students interrupt daily stress through short, accessible wellness experiences while also gathering data to inform future wellness efforts. He outlined a partnership with Core Unlimited to supply and rotate wellness equipment, and described features such as relaxation tools, sensory experiences, and inclusive elements like a sensory nook and displaying student-created art. The program would also extend beyond the space through a mobile “wellness cart” offering services across campus. Fehr stated that the lounge would be located in an underutilized room, staffed by student employees, and operated on an appointment basis. He added that the project was already funded, would be developed over the summer, and was expected to open at the start of the fall semester.

Chair Romero opened the floor to questions.

- Suzer asked how noise would be managed in the proposed high-traffic location to ensure the space remained calm and conducive to wellness.
Fehr responded that although the area has significant foot traffic, it is not particularly noisy, and the enclosed room with surrounding walls helps minimize disruption. He added that the location was intentionally chosen for similar reasons when The Pantry was moved to that area, as it offers visibility without excessive noise.
- Syed asked whether student employees would be hourly or stipend-based and also raised a concern that students might misunderstand the lounge as the final version of the wellness initiative, suggesting clearer messaging.
Fehr clarified that the students would be hired hourly, typically working an average of 15 hours per week. Fehr acknowledged this concern and explained that the lounge was intended as a temporary, exploratory space to gather feedback and assess student needs, while also serving as an interim solution until a full wellness center is developed.
- Chair Romero asked whether the wellness lounge could allow walk-ins in addition to appointment-based access, noting student demand for spontaneous services.
Fehr responded that while the initial plan was to use appointments to manage limited resources and avoid overcrowding, there could be flexibility over time. He suggested a potential hybrid model where some features require appointments while others remain open for walk-in use, with adjustments made based on usage and demand.

Chair Romero opened the floor to discussion.

- Chair Romero expressed strong support for the wellness lounge concept, noting that it provides a tangible way to introduce the broader wellness initiative to students. He emphasized the importance of clear marketing to communicate that the space is a temporary, exploratory effort. He also suggested incorporating regular student feedback and participation, such as rotating featured wellness activities and collecting input, to better inform the development of the future wellness center.

- Suzer clarified that the idea would involve students selecting their preferred wellness features, which could then inform what is included in the future wellness center.
- Syed recommended that feedback from the wellness pop-up be reviewed regularly by the Committee, suggesting it become part of the Committee’s ongoing responsibilities. She noted that this would help integrate wellness into student government and allow summarized reports to be shared with the board.
- Chair Romero agreed with the need for active discussion of feedback in a public setting, emphasizing that student participation and clear marketing were crucial to prevent misunderstandings about the pop-up’s purpose.
- Hesgard added that incorporating feedback review into the Committee’s process is a practical and important recommendation, especially for ensuring continuity during the temporary pop-up and for guiding future student board transitions.

The Committee moved to a roll call vote.

 [Item 9.A Resolution to Establish A Dedicated Wellness Program in the TSU.pdf](#)

 [Item 9.A Wellness Lounge Presentation - Programs 3.26.26.pdf](#)

Motion:

PROG 006 25/26 Roll Call Vote: 5-0-0. The motion to Establish a Dedicated Wellness Program in the Titan Student Union was adopted.


Motion moved by Jenny Guzman and motion seconded by Yashwanth Mallareddygari.

10. Announcements & Member's Privilege

- Syed encouraged everyone to fully participate speaking up, asking questions, and engaging in Committee and Board activities especially with important student-written resolutions coming up. She reminded them of upcoming retirements, ASI Career Week, and emphasized that active involvement is key to supporting their initiatives and gaining experience.

11. Adjournment (Romero)

Chair Romero adjourned the meeting at 3:06 pm.



Luca Romero
2026-04-20 19:22 UTC

Programs Assessment Committee Chair



Erika Perret-Martinez
2026-04-17 17:00 UTC

Recording Secretary

Roll Call 2025-2026

03/26/2026 PROGRAMS ASSESSMENT Committee Roll Call

Attendance	Board Members			
			Present	Absent
COMM	GUZMAN	JENNY	1	
ECS	MALLAREDDYGARI	YASHWANTH	1	
CHAIR	ROMERO	LUCA	1	
NSM	SORIANO	ISABEL	1	
HHD	SUZER	DENIZ	1	
			Present	Absent
			5	0

Attendance	Liaisons			
			Present	Absent
STU. GOV. DIR	HESGARD	REBECCA	1	
PRESIDENT	SYED	HANEEFAH	1	
CHAIR DESIGNEE *	RYALS	LIAM		1
			Present	Absent
			2	1

Excused

QUORUM 4

Majority 3

Roll Call Votes			007 Action: A Resolution to Add Wellness Space, Equipment, and Activities in the Titan Student Union		
			Yes	No	Abstain
COMM	GUZMAN	JENNY	1		
ECS	MALLAREDDYGARI	YASHWANTH	1		
NSM	SORIANO	ISABEL	1		
HHD	SUZER	DENIZ	1		
CHAIR	ROMERO	LUCA	1		
			Yes	No	Abstain
			5	0	0

*Recording Secretary: Erika Perret-Martinez

Chair Designee* Liam Ryals

President Designee* Ava Montano



CALIFORNIA STATE UNIVERSITY, FULLERTON™

**A RESOLUTION TO ESTABLISH A DEDICATED WELLNESS PROGRAM IN THE
TITAN STUDENT UNION**

Sponsor: Luca Romero, Chair, ASI Facilities Committee & ASI Programs Assessment Committee

WHEREAS, The Associated Students, Incorporated (ASI) is a 501 (c)(3) nonprofit organization that operates as an auxiliary organization of California State University, Fullerton; and

WHEREAS, ASI is governed by the ASI Board of Directors, sets policy for the organization, approves all funding allocations to programs and services, and advocates on behalf of student interests on committees and boards; and

WHEREAS, the ASI Facilities Committee is a designated standing committee of the ASI Board of Directors and is tasked with the assessment and management of ASI Facilities, including the Titan Student Union; and

WHEREAS, the ASI Programs Assessment Committee is a designated standing committee of the ASI Board of Directors and is tasked with the assessment of existing ASI programs and services and consideration of new programs to be established; and

WHEREAS, the ASI Student Wellness Initiative (ASWI), approved in 2025, represents a multi-year commitment to enhancing holistic wellness opportunities for the student body; and

WHEREAS, modern student success is inextricably linked to mental and physical well-being, necessitating dedicated spaces for decompression, mindfulness, and health education; and

WHEREAS, the Titan Student Union Operations Team has identified Lounge 133 as the optimal, high-traffic location to maximize student accessibility to these resources; and

WHEREAS, Lounge 133 (the "Quiet" Lounge) is currently an all-access lounge with round table seating for student use and is generally used as study space; and

WHEREAS, Lounge 133 sees low public usage, with an average occupancy rate of only twenty-five percent, or seven users per hour; and

WHEREAS, the wellness space will serve as a high-impact lounge featuring interactive activities and "testable" wellness equipment and technology designed to empower students in their personal wellness journeys; and

WHEREAS, ASI has secured a strategic corporate partnership to provide state-of-the-art equipment and resources for a focused student wellness environment; and

WHEREAS, the wellness lounge will operate Monday-Thursday, 10:00am – 7:00pm, and from 10:00am to 5:00pm on Fridays, during the academic year; and

WHEREAS, students will be able to make appointments to receive their wellness experiences, aided by student employees trained on to operate the equipment and oversee the lounge; and

WHEREAS, ASI will conduct assessment of lounge visitor experiences to gather valuable data to use in the continued development of the ASWI; and

WHEREAS, the student employees will operate a traveling wellness cart that will provide campuswide walkup services, an idea that was proposed as part of ASI's Next Big Idea program designed to provide new services for students; and

WHEREAS, an ASI wellness lounge will provide an additional wellness component at ASI prior to design and construction of permanent wellness spaces as part of ASWI; and therefore let it be

RESOLVED, that the Facilities Committee recommends that the ASI Board of Directors approve the formal establishment of TSU Lounge 133 as the space dedicated as the ASI wellness lounge; and let it be further

RESOLVED, that TSU Lounge 133 shall close as a public lounge on May 25, 2026, and that the grand opening of the ASI wellness lounge is set for August 24, 2026; and let it be further

RESOLVED, that the Programs Assessment Committee recommends that the ASI Board of Directors approve the creation of a program to offer students access to wellness equipment and activities to further provide healthy, mindful assistance in their personal wellness journeys; and

RESOLVED, that this Resolution be distributed to the ASI Executive Director and applicable departments and staff for appropriate action.

Adopted by the Board of Directors of the Associated Students Inc., California State University, Fullerton, on the seventh day of April in the year two thousand and twenty-six.

Chair, Board of Directors

Secretary, Board of Directors

Adding Wellness Space Equipment & Activities to the Titan Student Union

ASI Programs Assessment Committee

Thursday, March 26, 2026

Presented by Jeff Fehr, Chief of Organizational Operations





ASI is currently in the feasibility and planning stages of ASI Student Wellness Initiative (ASWI).

Research

Experiential research provides a more realistic pool of information for the decision-making process.



Access and Assessment

Providing wellness space now is important. The space will be accessible to all, with multiple pieces of wellness equipment and activities available for use and assessment.



Proposal - Wellness Space & Activities



Space and Management

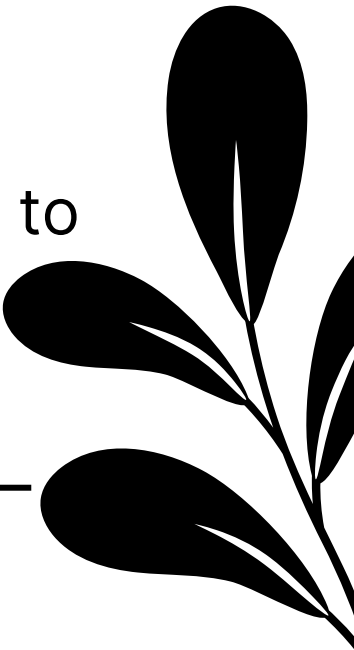
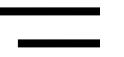
ASI will identify and prepare an adequate space to support the experience. The new ASI Wellness Cluster will staff and manage the space.

Assessment & Access

ASI will utilize multiple methods of assessment to provide effective feedback. The project will provide immediate access to wellness equipment and activities.

Past Universities

A similar program is currently in progress at UC Irvine and has been at the University of Pennsylvania and the University of Dayton.





What might be offered in the Lounge?

Sensory Experiences

Aromatherapy, Hydrotherapy, Wearables, Sound Therapy.

Furnishings and Environment

Lounge furniture, supportive lighting, art, nap pods.

The space will maintain privacy and ambience for users.



Sensory Nook

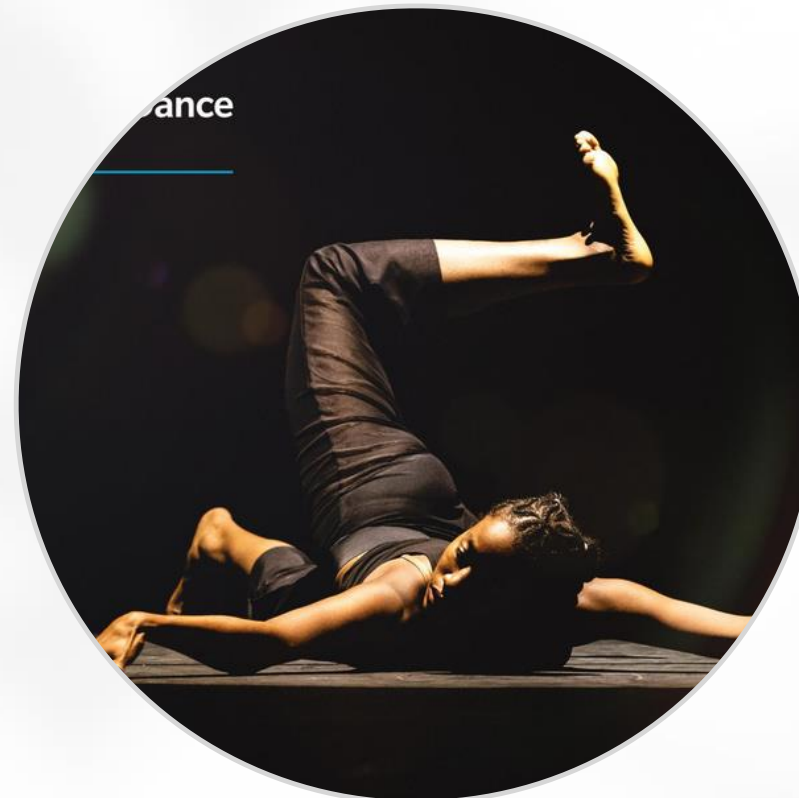
- ASI Next Big Idea winner - Sensory Area.
- Sensory space will be included as part of the wellness lounge.
- Area will have sensory items and mindfulness activities.
- The space will include chairs, ottomans, low tables, floor lamps, plants, and floor cushions.



Expressions Gallery



- ASI Next Big Idea winner - Art Displays.
- Establishes a dynamic and adaptable space that can complement other ASI and campus programs.
- Expands our support of the Arts on campus to include performance arts.



Wellness on Wheels

ASI Next Big Idea Winner

- No appointments. No stigma. Just support, right when students need it.
- A portable, accessible cart with free-rotating offerings for students.
- Increase visibility and utilization of campus wellness services.
- The Wellness on Wheels cart travels around campus weekly and daily during high-stress times.



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Support

CORE Unlimited

- Delivers wellness equipment to ASI in a storage POD.
- Assists with curating options available to students.
- Various equipment will be moved in and out of the area for testing and popularity.
- Option to add new equipment that comes online in the next year could be added to the space.
- Provides assessment resources.

ASI

- Selects the location and prepares the space.
- Hires student staff for the space.
- Manages day-to-day operations.
- Promotes the space to students.



THE WELLL
WELLNESS EXPERIENCE LEARNING LAB

by CORE Unlimited



Proposed Location



The proposed lounge space is located on the main level, adjacent to The Pantry, Courtyard, and Alumni Lounge.

This location offers the best visibility for the project and supports centralizing wellness resources within the TSU.

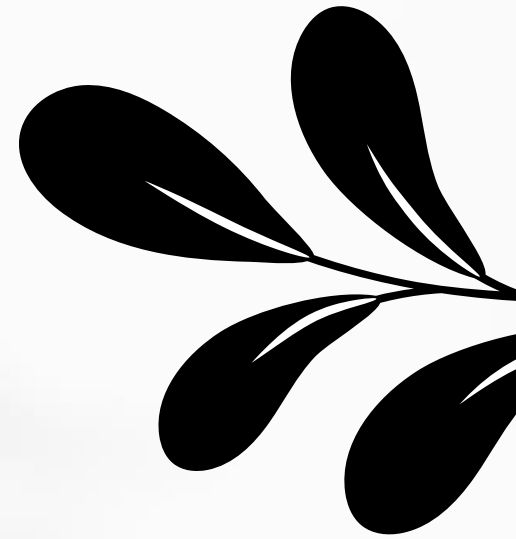


Staff and Schedule

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- Appointment-based, utilizing existing software.
- Managed by designated wellness support staff.
- Proposed hours of operation: Monday through Thursday 10:00 AM - 7:00 PM, Fridays 10:00 AM - 5:00 PM.
- Closed during academic recesses.



Timeline

If approved, we propose the following timeline:



MAY 2026

Set operating hours, develop procedures, create a student job description, confirm storage pod location, and begin promotional campaign.



SUMMER 2026

Building Engineering, Wellness Cluster, TSU Operations, and CORE Unlimited prepare the space.



FALL 2026

Wellness lounge open for the Fall 2026 semester. Open house in early September to showcase the space.

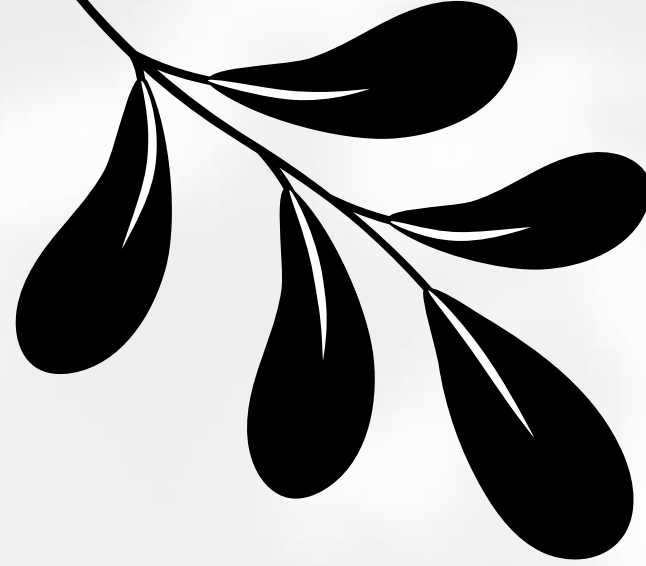
Budget

INITIAL BUDGET (FY 26 - 27)

- **Equipment Rental - \$19,000**
- **Supplies - \$8,000**
- **Room Preparation - \$10,000**
- **Staffing - \$50,000**

**Total Initial Budget =
\$87,000**





Questions?

Jeff Fehr – Chief of Organizational Operations
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