



TITAN
YOUTH SPORTS CAMP



JULY '18 LUNCH MENU

This menu plan is provided to give you more of an idea of what your child's meals will look like. Please know this may not directly reflect the 2018 menu. Titan Youth Sports Camp is authorized to change the menu at any time.

TIME	MON	TUES	WED	THUR	FRI
WEEK 4	07/02	07/03	07/04	07/05	07/06
AM SNACK	HUMMUS & PITA TRIANGLES	HOMEMADE GRANOLA	JULY 4 th HOLIDAY	PUFFED RICE SNOWBALLS	MIXED BERRY & YOGURT PARFAIT
LUNCH	BROWN RICE & BEAN BURRITO*	CHICKEN ALFREDO PASTA		CHICKEN CHOW MEIN <small>(vegetarian upon request)</small>	SPAGHETTI & MEATBALLS <small>(vegetarian upon request)</small>
PM SNACK	GUACAMOLE & CHIPS	MULTI-GRAIN CHIPS & DIP		BANANA-OAT SNACK BITES	HUMMUS & PITA TRIANGLES
WEEK 5	07/09	07/10	07/11	07/12	07/13
AM SNACK	HOMEMADE GRANOLA	MULTI-GRAIN CHIPS & DIP	BANANA-OAT SNACK BITES	HUMMUS & PITA TRIANGLES	GUACAMOLE & CHIPS
LUNCH	CRUNCHY OVEN FRIED CHICKEN STRIPS	CRISPY BAKED CHIMICHANGAS*	THREE CHEESE MACARONI*	SUPER SLOPPY JOES	TURKEY HERO SUB
PM SNACK	GUACAMOLE & CHIPS	PUFFED RICE SNOWBALLS	MIXED BERRY & YOGURT PARFAIT	HOMEMADE GRANOLA	MULTI-GRAIN CHIPS & DIP
WEEK 6	07/16	07/17	07/18	07/19	07/20
AM SNACK	PUFFED RICE SNOWBALLS	MIXED BERRY & YOGURT PARFAIT	HOMEMADE GRANOLA	MULTI-GRAIN CHIPS & DIP	PROVIDED BY TYSC
LUNCH	BROWN RICE & BEAN BURRITO*	CHICKEN ALFREDO PASTA	CHICKEN CHOW MEIN <small>(vegetarian upon request)</small>	SPAGHETTI & MEATBALLS <small>(vegetarian upon request)</small>	CRUNCHY OVEN FRIED CHICKEN STRIPS
PM SNACK	BANANA-OAT SNACK BITES	HUMMUS & PITA TRIANGLES	GUACAMOLE & CHIPS	PUFFED RICE SNOWBALLS	MIXED BERRY & YOGURT PARFAIT

*Indicates vegetarian item





JULY '18 LUNCH MENU

This menu plan is provided to give you more of an idea of what your child's meals will look like. Please know this may not directly reflect the 2018 menu. Titan Youth Sports Camp is authorized to change the menu at any time.



TIME	MON	TUES	WED	THUR	FRI
WEEK 7	07/23	07/24	07/25	07/26	07/27
AM SNACK	HUMMUS & PITA TRIANGLES	HOMEMADE GRANOLA	PUFFED RICE SNOWBALLS	MIXED BERRY & YOGURT PARFAIT	HOMEMADE GRANOLA
LUNCH	CRISPY BAKED CHIMICHANGAS*	THREE CHEESE MACARONI*	SUPER SLOPPY JOES	TURKEY HERO SUB	BROWN RICE & BEAN BURRITO*
PM SNACK	GUACAMOLE & CHIPS	MULTI-GRAIN CHIPS & DIP	BANANA-OAT SNACK BITES	HUMMUS & PITA TRIANGLES	GUACAMOLE & CHIPS
WEEK 8	07/30	07/31			
AM SNACK	PUFFED RICE SNOWBALLS	BANANA-OAT SNACK BITES			
LUNCH	CHICKEN ALFREDO PASTA	CHICKEN CHOW MEIN (vegetarian upon request)			
PM SNACK	MULTI-GRAIN CHIPS & DIP	MIXED BERRY & YOGURT PARFAIT			



*Indicates vegetarian item

