

Activity Share: **Lava Lamp Jar!**

Age group: Toddler (But actually any age could enjoy this!!)

Glass bottle or jar

Alka-seltzer tablets

Food coloring

Vegetable oil

Water

HOW TO MAKE THE LAVA LAMP:

1. Fill the bottle halfway with vegetable oil.
2. Then fill about 1/4 more with water.
3. Add 5-6 drops of food coloring
4. Finally drop in the Alka-seltzer tablet and let the fun begin!



***Side note, once the Alka-seltzer tablet is gone you can always put in another one and the bubbles will start again! Have Fun!**