

Curriculum Share

DRDP Measure:

ATL-REG 1: Attention Maintenance Child develops the capacity to pay attention to people, things, or the environment when interacting with others or exploring play materials

ATL-REG 3: Imitation Child mirrors, repeats, and practices the actions or words of others in increasingly complex ways

SED 1: Identity of Self in Relation to Others Child shows increasing awareness of self as distinct from and also related to others

Age Group: Infant, Toddler

Developmental information about the share:

Babies love mirrors! Infants begin life exploring through their senses. You may have noticed that many infant toys have mirrors built into them for promoting sensory development.

Mirrors are a means for baby to see their faces and the faces of those who are caring for them and to discern who they are in relations to others. Over time, they are able to imitate, gain a sense of their abilities, and really begin to develop their sense of self and their environment.

Ideas:

- Talk to your baby about who is in the mirror, using their names. Point to all the facial features they can see.
- Move different facial features and talk about what you're doing and see if your child imitates: open and close your eyes, move your eyebrows, wrinkle your nose, open and close your mouth or hold air in your cheeks. If you can move your ears, awesome!
- Play Peek-a-Boo with the mirror. Watch to see if your child attunes to their face or your face.

Click on the image below to read a quick article about babies and mirrors from Pathways.org.



Title: Mirror, Mirror