VIRTUAL TITAN YOUTH SUMMER CAMP

AT HOME ACTIVITIES

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HOMEMADE SLIME

Material Required:
1. Plastic bowl
2. Plastic spoon
3. 8oz bottle of Elmer’s Glue
4. Saline Solution
5. Baking Soda
6. Optional:
   a. Food coloring

Source: https://bit.ly/2CwBoV

INSTRUCTIONS
1. Add glue and food coloring to bowl. Stir until combined.

2. Mix 1 tbsp baking soda into the bowl.

3. Mix 1½ tbsp saline solution into the bowl. Continue adding saline by ½ tbsp to make thicker. More saline makes it thicker, less saline makes it slimier.

4. Continue kneading until the slime holds together.

5. Store slime in a container with a lid or Ziploc bag.
KINETIC SAND

Material Required:
1. Plastic bowl
2. Play Sand
3. Corn Starch
4. Dish Soap
5. Water

Source:
https://bit.ly/3h3JDyt

INSTRUCTIONS

1. Mix 1 cup of play sand and ½ tbsp of corn starch into the bowl.
2. In a separate bowl, mix 1 cup of water with 1 tsp of dish soap. Stir until the water is bubbly.
3. Slowly add the water mixture to the sand. Mix well.
4. Continue to mix in more water until the desired consistency is reached.
5. Store sand in a container with a lid or Ziploc bag.
INSTRUCTIONS

1. Connect three pipe cleaners together. Twist them into a compact shape.

2. Attach your pipe cleaner bundle to a thread. Tie the other end of the thread to your anchor (the object that will hang the pipe cleaners).

3. Boil 1L of water.

4. Stir borax into the boiling water until it is saturated.

5. Suspend the pipe cleaners (make sure they are not touching the container) into the hot borax solution. Cover and let sit for 8-12 hours.

Material Required:
1. Water
2. Borax
3. Pipe Cleaners
4. Thread
5. Object to hang pipe cleaners from
6. Heat-safe glass measuring cup (a pot works too) with a cover
7. Optional: Food coloring

Source: https://bit.ly/2C1ORvS
The Red Cross provides free activity guides and online courses about water safety on their website.

https://rdcrss.org/2Oz8b6l
The National Park Services offers online programs to become a junior ranger. Follow these links and email your completed worksheets to yose_information@nps.gov to get a Yosemite Jr. Ranger badge.

**ENGLISH**  https://bit.ly/3erYeSm

**SPANISH**  https://bit.ly/3frXq1o
The National Park Services has various coloring pages available for you to print out and color.

Black Bear and Half Dome
Link: https://bit.ly/3gXTx4p

Red-Winged Blackbird and Yosemite Falls
Link: https://bit.ly/3h59dTP

Mariposa Grove
Link: https://bit.ly/2OqoBo5

Speeding Kills Bears
Link: https://bit.ly/2CeDDE2

Raccoons in Yosemite
Link: https://bit.ly/2ZskdUZ

Wildlife Science
Link: https://bit.ly/2Op03oD

Animal Mask Activity Set 1
Link: https://bit.ly/2DEWUip

Animal Mask Activity Set 2
PASSING TO YOURSELF

Sport
Volleyball

Skill
Passing

Material Required:
Volleyball

INSTRUCTIONS
1. Toss the ball up into the air.
2. Using proper forearm passing position, pass the ball back up into the air. You can also pass the ball against a wall and receive it this way.
3. Recommended: Complete this drill for time (ex. 1 minutes) or for repetitions (ex. 50 times)

IMPORTANT CUES
1. Proper Passing Position: Thumbs lined up and pressed together, fingers either wrapped around the other or interlaced.
2. Keep your elbows locked.
3. Lift with your legs and use your entire body when passing to keep a controlled pass.
SETTING TO YOURSELF

**Sport**
Volleyball

**Skill**
Setting

**Material Required:**
Volleyball

**INSTRUCTIONS**
1. Begin by setting the ball into the hour using proper setting position.
2. **Recommended:** Try to set the ball for reps (ex. 50 times) or time (ex. 1 minute) without having to move.
3. Optional: This drill can be performed while lying on your back or while standing.

**IMPORTANT CUES**
WALL HITTING

Sport
Volleyball

Skill
Hitting

Material Required:
Volleyball, wall

SET UP
1. A wall with approx. 10 feet of clearance

INSTRUCTIONS
1. Stand about 10 feet from the wall.
2. Toss the volleyball into the air and practice hitting it against the wall.

IMPORTANT CUES
1. Try to remain as stationary as possible.
2. Set your feet in a stagger stance so that your front leg is opposite of your hitting arm (ex. if you hit with your right arm, have your left leg forward).
3. Snap your wrist forward when striking the ball.