

## Curriculum Share

DRDP Measure: Social and Emotional Understanding  
Age Group: Toddlers

# Building Sandcastles

### Social Skills.

- Sand and water play allows your child to develop their social skills by learning to share their toys and space, wait their turn and make conversation. It encourages role play and crucial social skills like cooperation.

### Helps Express Emotions.

- Sand and water play are valuable tools for personal and emotional development. The tactile interaction can help reduce tension and anxiety in children. It can help children focus and slow down by creating a scene or story in the sand. It helps them focus on the task at hand and improves concentration. Sand and water play allow your child to communicate nonverbally and helps release energy.

### Directions:

Use one of the sand recipes and materials around your home to work together with your child to make sandcastles

### Cloud Dough

- All purpose flour
- Vegetable oil
- a bowl for mixing
- a sensory tub for playing in
- To make cloud dough mix in the 1:8 ratio. That is 1 cup of oil to 8 cups of flour.

### Homemade Moon Sand

- 2 cups of brown sugar
- 2 cups of corn flour (corn starch will also work)
- 10 tablespoons vegetable oil (I used olive oil)
- Mix the dry ingredients together first then add the oil.

