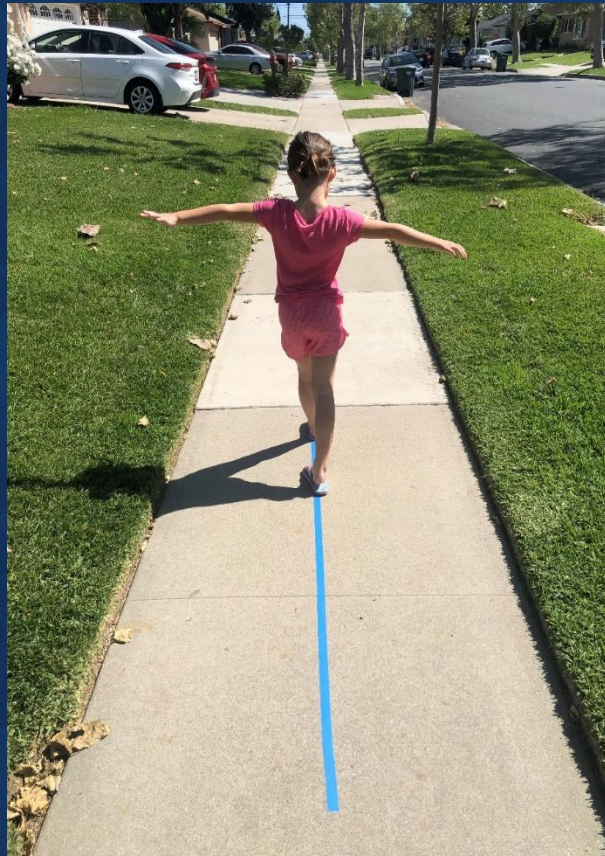


Curriculum Share

DRDP Measure: PD-HLTH2: Gross Locomotor Movement Skills
Age Group: Toddler and Preschool

Do It Yourself Balance Beam & Follow the Leader!

- Lay tape down in a straight line outside on the sidewalk or grass to create a balance beam, then have your child walk on it!
- Great for children's gross motor skills! You can even switch up the balance beam and make it go different ways!



- Play follow the Leader Game with your child!
- Hop, skip, walk, run, walk backwards, walk sideways- see if your child can follow your movements! You can also have them lead & you follow!
- This activity is great for learning new Vocabulary words such as backwards & sideways – As well as following directions!