

Parent Resource

Helping Our Children Love Their Differences

I'll never forget Sofia, who asked her mom, "Can two people be friends if they have different eye colors?" or Samuel, who asked his parents, "Why am I the only boy who likes to play princess?" Children noticed qualities that make themselves and others different – sometimes they felt proud to talk about these qualities ("I'm the only one in my class school who knows how to speak Spanish!"), but sometimes their unique qualities left them wondering how they fit in ("Why does everyone else have a mom and a dad?").

-Shauna Tominey

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