

Parent Resource

Honoring the Real Meaning of Martin Luther King, Jr. Day

“This month, we celebrate Martin Luther King, Jr. - a great figure of American and Black History. He was a hero for us all - big and small. But the story of Dr. King might feel complicated to discuss with our children. His story involves tough realities of racism and violence in America. It can be tempting for grown-ups to tell our kids the easiest, and happiest version of history, but we lose some of the most important pieces that way. How can your family honor this hero and his life without glossing over the hard part?”

-Lindsay Pruett-Hornbaker

Click source link for full article.



[Source: PBS for Parents](#)