

## Curriculum Share

DRDP Measure: Perceptual-Motor Skills and Movement Concepts  
Age Group: Toddlers

# Indoor Obstacle Course

Obstacle courses encourages children to try different ways to coordinate the movements of both large and small body parts as they navigate their way through obstacles. Children coordinate their body as they move over, under, around and through objects.

## Materials:

- Household items such as:
  - chairs, table, pillows, towels, baskets, streamers, tape

## Directions:

- Arrange items in a way that will allow child to move by going under, through, over, on top or next to.

