

Parent Resource

Positive Parenting and Essential Life Skills

The way we parent helps to nurture the skills children will need throughout their lives. This handout demonstrates the connection between our parenting behavior to the life skills our children are learning.

Making the Link Between Positive Parenting and the Seven Essential Life Skills for Children. How does parenting and child development intersect? The way we parent can nurture the very skills that children need—not just for success in the short-term—but across their entire lives.

Positive Parenting and the Seven Essential Life Skills for Children!

When Parents...

Children Develop Essential Life Skills...

Provide age-appropriate guidelines and limits for child behavior.

Recognize and regulate their own feelings and behaviors before they respond to their children.

Work to understand or imagine the child's point of view.

Respond with sensitivity to their children's cues.

Delight in moments of connection with their children.

Act as a role model by seeking help, support or additional information about parenting when needed.

Balance both parental needs and child needs. Recognize and celebrate their child's strengths, abilities and capacity to learn and develop.

Recognize that parenting is process of learning, and, at times, it can be stressful. Missteps are a natural part of child-rearing.



Focus and Self Control

Perspective Taking

Effective Communication

Making Connections

Critical Thinking

Taking on Challenges

Self-Directed, Engaged Learning