

Curriculum Share

DRDP Measure: PD-HLTH2: Gross Locomotor Movement Skills
Age Group: Toddler

Puddle Jumping



Hot School
**PUDDLE
JUMPING**



**Puddle
Jumping**
ALPHABET ACTIVITY

Puddle Jumping Gross Motor Activity:

This puddle jumping activity is a great way to move while learning at the same time!

1. Cut blue paper into puddle-like shapes
 2. You can write a different letter on each puddle, or a number, or even just keep them blank.
 3. Put tape on the backs of the puddles so they will stick to the floor and not move when your child jumps onto them.
 4. Place your puddles in a circle on the floor or just somewhat close to each other so your child can jump from puddle to puddle.
 5. You can play music for your child and let your child know they can jump from puddle to puddle until the music stops, when the music stops- they stop on a puddle.
 6. If you wrote letters or numbers on your puddles you can ask your child what letter/number they landed on, or you can let them know what letter/number they landed on.
 7. For letter puddles you can also say a few words that start with that letter they landed on: example (A- apple, alligator)
 8. For numbers you can have them count to the number they landed on or have them show you what number it is on their fingers.
- For fun you can have your child wear rain boots if they want to while “jumping on the rain puddles”!!
 - Have Fun!!