

Curriculum Share

DRDP Measure:

Age Group: preschool-age

Make a Teddy Bear Toast

Materials needed:

- Single slice of bread
- Sunflower butter (or nut butter of your choice)
- 3 slices of banana (rounds)
- 3 blueberries or mini-chocolate chips

Build your Teddy Bear snack and enjoy!

*Another option: Make it an avocado toast. Simply change the nut butter to smashed avocado, make cheese rounds and add black olives for detail.

