



JUNE

TITAN
YOUTH SUMMER CAMP

2019

WK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Morning Snack 10 Granola Bars Lunch Fajita Rice Bowl * Afternoon Snack Mixed Berry & Yogurt Parfait	Morning Snack 11 Hummus & Pita Triangles Lunch Oven Fried Chicken w/Green Beans Afternoon Snack Gucamole & Chips	Morning Snack 12 Homemade Granola Lunch Spaghetti & Meatballs * Afternoon Snack Multi-Grain Chips & Dip	Morning Snack 13 Puffed Rice Snowballs Lunch Three Cheese Macaroni ** Afternoon Snack Gucamole & Chips	Morning Snack 14 Mixed Berry & Yogurt Parfait Lunch Chicken Chow Mein * Afternoon Snack Hummus & Pita Triangles
2	Morning Snack 17 Homemade Granola Lunch Beef Stroganoff * Afternoon Snack Guacamole & Chips	Morning Snack 18 Multi-Grain Chips & Dip Lunch Chicken Parmigiana Sandwich Afternoon Snack Puffed Rice Snowballs	Morning Snack 19 Banana-Oat snack bites Lunch Turkey Hero Sub Afternoon Snack Mixed Berry & Yogurt Parfait	Morning Snack 20 Hummus & Pita Triangles Lunch Grilled Tomato & Three Cheese Sandwich* Afternoon Snack Homemade Granola	Morning Snack 21 Guacamole & Chips Lunch Stuffed Turkey Burger Afternoon Snack Multi-Grain Chips & Dip
3	Morning Snack 24 Puffed Rice Snowballs Lunch Sloppy Joes Afternoon Snack Banana-Oat Snack Bites	Morning Snack 25 Mixed Berry & Yogurt Parfait Lunch Turkey, Cheese, Spinach, Quesadilla Afternoon Snack Banana-Oat Snack Bites	Morning Snack 26 Homemade Granola Lunch Fajita Rice Bowl * Afternoon Snack Guacamole & Chips	Morning Snack 27 Multi-Grain Chips & Dip Lunch Oven Fried Chicken w/Green Beans Afternoon Snack Guacamole & Chips	Morning Snack 28 Banana-Oat Snack Bites Lunch Spaghetti & Meatballs * Afternoon Snack Mixed Berry & Yogurt Parfait

* Indicates Vegetarian Upon Request

** Indicates Vegetarian Item

Menu is subject to change



JULY

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2019

WK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	Morning Snack 1 Hummus & Pita Triangles Lunch Three Cheese Macaroni ** Afternoon Snack Gucamole & Chips	Morning Snack 2 Homemade Granola Lunch Chicken Chow Mein * Afternoon Snack Multi-Grain Chips & Dip	Morning Snack 3 Puffed Rice Snowballs Lunch Beef Stroganoff * Afternoon Snack Banana-Oat Snack Bites	4 Camp Closed Due to 4th of July Holiday	5 Camp Closed Due to 4th of July Holiday
	Morning Snack 8 Homemade Granola Lunch Turkey Hero Sub Afternoon Snack Guacamole & Chips	Morning Snack 9 Multi-Grain Chips & Dip Lunch Grilled Tomato & Three Cheese Sandwich* Afternoon Snack Puffed Rice Snowballs	Morning Snack 10 Banan-Oat snack bites Lunch Stuffed Turkey Burger Afternoon Snack Mixed Berry & Yogurt Parfait	Morning Snack 11 Hummus & Pita Triangles Lunch Sloppy Joes Afternoon Snack Homemade Granola	Morning Snack 12 Guacamole & Chips Lunch Turkey, Cheese, Spinach, Quesadilla * Afternoon Snack Multi-Grain Chips & Dip
	Morning Snack 15 Puffed Rice Snowballs Lunch Fajita Rice Bowls * Afternoon Snack Banana-Oat Snack Bites	Morning Snack 16 Mixed Berry & Yogurt Parfait Lunch Oven Fried Chicken w/Green Beans Afternoon Snack Hummus & Pita Triangles	Morning Snack 17 Homemade Granola Lunch Spaghetti & Meatballs * Afternoon Snack Guacamole & Chips	Morning Snack 18 Multi-Grain Chips & Dip Lunch Three Cheese Macaroni ** Afternoon Snack Puffed Rice Snowballs	Morning Snack 19 Banana-Oat Snack Bites Lunch Chicken Chow Mein * Afternoon Snack Mixed Berry & Yogurt Parfait
7	Morning Snack 22 Hummus & Pita Triangles Lunch Beef Stroganoff * Afternoon Snack Gucamole & Chips	Morning Snack 23 Homemade Granola Lunch Chicken Parmigiana Sandwich Afternoon Snack Multi-Grain Chips & Dip	Morning Snack 24 Puffed Rice Snowballs Lunch Turkey Hero Sub Afternoon Snack Banana-Oat Snack Bites	Morning Snack 25 Mixed Berry & Yogurt Parfait Lunch Grilled Tomato & Three Cheese Sandwich* Afternoon Snack Hummus & Pita Triangles	Morning Snack 26 Homemade Granola Lunch Stuffed Turkey Burger Afternoon Snack Guacamole & Chips
	Morning Snack 29 Puffed Rice Snowballs Lunch Sloppy Joes Afternoon Snack Multi-Grain Chips & Dip	Morning Snack 30 Banana-Oat Snack Bites Lunch Turkey, Cheese, Spinach, Quesadilla * Afternoon Snack Mixed Berry & Yogurt Parfait	Morning Snack 31 Hummus & Pita Triangles Lunch Fajita Rice Bowl * Afternoon Snack Gucamole & Chips		

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AUGUST

TITAN
YOUTH SUMMER CAMP

2019

WK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Morning Snack Homemade Granola Lunch Oven Fried Chicken w/Green Beans Afternoon Snack Guacamole & Chips	Morning Snack Puffed Rice Snowballs Lunch Spaghetti & Meatballs * Afternoon Snack Banana-Oat Snack Bites
9	Morning Snack ⁵ Hummus & Pita Triangles Lunch Three Cheese Macaroni ** Afternoon Snack Mixed Berry & Yogurt Parfait	Morning Snack ⁶ Homemade Granola Lunch Chicken Chow Mein * Afternoon Snack Guacamole & Chips	Morning Snack ⁷ Multi-Grain Chips & Dip Lunch Beef Stroganoff * Afternoon Snack Puffed Rice Snowballs	Morning Snack ⁸ Banana-Oat Snack Bites Lunch Chicken Parmigiana Sandwich Afternoon Snack Mixed Berry & Yogurt Parfait	Morning Snack ⁹ Hummus & Pita Triangles Lunch Turkey Hero Sub Afternoon Snack Homemade Granola

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