

Parent Resource

Why do toddlers hit?

Toddlers lack language and social skills. When they play with other children, they can easily become frustrated. When they are not able to express their needs and wants with words, hitting sometimes is the result. It is developmentally normal for toddlers to hit.



<https://www.zerotothree.org/resources/327-my-17-month-old-has-started-to-swing-at-me-when-she-doesn-t-get-her-way>