

Activity Share: **Self-Portrait Collages**

- Provide your child with different types of materials - *play dough, yarn, paper, markers, [People Colors](#) crayons, paints, googly eyes, etc.*
- Next, provide a mirror for your child to look at themselves. Mirrors are a great way for your child to start recognizing their own self. *What color is your hair, skin, eyes? are all great questions.*

Providing your child time to discover themselves is a critical step in building self-awareness and appreciation of similarities & differences!

Age group: **All Ages!**

